

Dance with Brennan

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Beginner
编舞者: Helen Parkyn (UK) - March 2018
音乐: Shut Up and Dance - WALK THE MOON



(8 count intro)

**** For Brennan Bass Appeal for Great Ormond Street Hospital 17.03.2018 ****

Alternative track - Alright already by Larry Stewart (16 count intro)

[1 - 8] RIGHT VINE AND CLOSE, TWISTS

1 - 4 Step right to right side, cross left behind, step right to right side, close left beside right.
5 - 8 Twist both heels right, left, right, centre. (or just twist 1 heel if twists are a problem).

[9 - 16] LEFT VINE AND CLOSE, TWISTS

9 - 12 Step left to left side, cross right behind, step left to left side, close right beside left.
13 - 16 Twist both heels right, left, right, centre. (Or just 1 heel as above)

[17 - 24] DIAGONAL STEP, CLOSE, TWISTS

17 - 20 Step right diagonally forward right, close left, twist heels right, centre
21 - 24 Step left diagonally forward left, close right, twist heels left, centre.

[25 - 32] DIAGONAL STEPS BACK WITH TOUCH AND CLAPS (BACKTRACKS)

25 - 28 Step back right diagonal, touch left beside right with clap, step back left diagonal, touch right beside left with clap.
29 - 32 repeat counts 25 - 28

[33 - 40] FORWARD RIGHT STEP, LOCK, STEP, BRUSH, LEFT STEP, LOCK, STEP, 1/2 TURN LEFT HITCH

33 - 36 Step forward right, lock left behind right, step forward right, brush left through
37 - 40 Step forward left, lock right behind left, step forward left, hitch right with 1/2 turn left.

[41 - 48] WALK FORWARD 3 AND KICK, WALK BACK 3 AND TOUCH CLOSE.

41 - 44 Walk forward right, left, right, gentle kick forward left
45 - 48 Walk back left, right, left, touch right beside left.

Start again and have fun

Contact: hrdw_helen@hotmail.com