Rock N Roll Fever



编舞者: Ilona Tessmer-Willis (USA) - March 2018

音乐: Rock'n'Roll Fever - Nicki & Freddi: (Google Play • iTunes • AmazonMP3)



Music is peppy. No syncopation and slow turn to new wall -- enjoy dancing to this upbeat song.

Intro: 16 ct (from start of melody)

S1: R & L FORWARD TOE STRUT, R SIDE TOUCH OUT IN OUT IN

1-2 R Step Toe Forward Drop Heel
3-4 L Toe Step Forward, Drop Heel
5-8 R Side Touch: Out In Out In

S2: R & L FORWARD TOE STRUT, R SIDE TOUCH OUT IN OUT IN

1-2 R Step Toe Forward Drop Heel
3-4 L Step Toe Forward Drop Heel
5-8 R Side Touch: Out In Out In

S3: R & L SLOW STEP BACK, R TOE FAN IN OUT IN HOLD

1-2 R Step Back3-4 L Step Back

5-8 R Toe Fan (no weight on heel) In Out In Hold

S4: 1/4 R TURN: SLOW JAZZ BOX CROSS

1-2 1/8 R Turn: R Cross Over L3-4 1/8 R Turn: L Step Back

5-6 R Step Side7-8 L Cross Over R

S5: R SIDE STEP TOGETHER STEP L TAP, L SIDE STEP TOGETHER STEP, R TAP

1-2 R Step Side, L Close Next to R

3-4 R Step Side, L Tap

5-6 L Step Side, R Close Next to L7-8 L Step Side, R Tap Next to L

S6: R & L SLOW STEP FORWARD, SWAY OR SHIMMY

1-2 R Forward Step3-4 L Forward Step5-8 Sway or Shimmy

Personal note: Wanted to video at one of the clubs before the band started (nice dance floor) but it was too noisy, both in ballroom and bar. Patio was empty (wind chill around 10F). Needless to say, demo was completed f-a-s-t. LOL

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