

Strip That Down For Me

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Conrad Farnham (USA) - March 2018
音乐: Strip That Down (feat. Quavo) - Liam Payne



BACKWARD BODY ROLLS, RIGHT, LEFT, REPEAT

- 1-4 Step right back right, touch left next to right and roll body, step left back left, touch right next to left and roll body
5-8 Step right back right, touch left next to right and roll body, step left back left, touch right next to left and roll body

SKATE, SKATE, SHUFFLE FORWARD X 2

- 1,2,3&4 Skate right, left, shuffle forward right, left, right
5,6,7&8 Skate left, right, shuffle forward left, right, left

ROCK, RECOVER X 2, ROLL HIPS ¼ LEFT SLOW, FAST

- 1&2,3&4 Rock right over left, recover left, step in place with right, rock left over right, recover right, step in place with left
5,6,7&8& Roll hips slow for one rotation, then fast for two rotations, finishing with ¼ turn left

STEP RIGHT, SLIDE LEFT, LINDY RIGHT, STEP LEFT, SLIDE RIGHT, LINDY LEFT

- 1,2,3&4 Step right to right, slide left next to right, step right to right, touch left next to right, step right to right
5,6,7&8 Step left to left, slide right next to left, step left to left, touch right next to left, step left to left

Begin again

No Tags, No Restarts

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