

Waiting On You

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 4 级数:
编舞者: Judy McDonald (CAN) - March 2018
音乐: Waiting on You - Lindsay Ell : (iTunes)



Start with lyrics.

S1: Walk forward R, L, R side rock & cross

1 2 3&4 Walk forward R (1), walk forward L (2), step R side (3), recover on L (&), step R across left (4)

L sweep across right, L step, R step back, L step back, R step back

5&6 7 8 Sweep L across in front of right (5), step L (&), step R back (6), step L back (7), step R back (8)

S2: L step back, R touch forward, push shoulders R, L, R, L

1 2 3&4& Step L back and angle body to 11 o'clock (1), touch R forward (2) push shoulders R, L, R, L isolating upper body (3&4&)

R step, L rock forward, R recover, L step back

5 6 7 8 Step R forward to 12 o'clock (5), rock L forward (6), recover on R (7), step L back (8)

Tag & Restart happen here during 12th repetition. You'll be facing the front wall (add 2 steps back R, L then restart)

S3: R step side with body roll, L touch, L step side with body roll, R touch

1 2 3 4 Step R to side body roll (1), touch L beside right (2), step L to side body roll (3), touch R beside left (4)

R side kick, R step across, ¼ turn to right step L, R step side L cross, R step side, L cross

5&6&7&8 Kick R to side (5), step R across left angling body to 1 o'clock (&), step L back facing 3 o'clock (6), step R to side (&), step L across right (6), step R to side (&), step L across right (8)...now facing 3 o'clock)

Restart happens here during 8th repetition when there's only music and no singing (you'll have just turned to be facing 6 o'clock at this point)

S4: R step side, L touch to side, ¼ turn L step, R touch

1 2 3 4 Step R to side (1), touch L to side (2), make ¼ L step (3), touch R beside left (4)...now facing 12 o'clock

Twist ¼ turn L, R kick forward, R ball change, R ball change

5 6&7&8 Rotate ¼ turn L keeping feet in same position (5), kick R forward (6), step R back on ball (&), step L in place (7), step R back on ball (&), step L in place (8)

RESTART: This happens during the 8th repetition and you'll be facing the back wall.

TAG & RESTART: This happens after 16 counts during the 12th repetition and you'll be facing the front wall.

Happy Dancing!