

Done For Me

拍数: 32 墙数: 4 级数: Improver
编舞者: Gwen Walker (USA) & Jenny Brown (USA) - March 2018
音乐: Done For Me (feat. Kehlani) - Charlie Puth



#32 count intro after first beat of music - 1 easy Restart

[1-8] Rock recover & rock recover & step touch, run steps back.

1 2& Rock forward on R, recover to L, step on ball of R,(&)
3 4& Rock forward on L, recover to R, step on ball of L(&)
5-6 Step R forward, touch L beside R.,
7&8 Small run steps back, step back on L, step back R, step back L (12:00)

[9-16] Sweep R back, sweep L back, rock back recover step, walk walk

1-4 Sweep R from front to back step R, sweep L from front to back step on L
5&6 Rock back onto R, recover to L(&), step R forward.
7-8 Walk for L, R (12:00)

(Restart here on wall 7 with step change, step L forward touch R beside L- Restart)

[17-24] Left step ¼ cross, step hold, & rock recover , coaster

1&2 Step L forward, turn ¼ right, cross L over R (3:00)
3 4& Step R to right side, Hold, step ball of L beside R.
5-6 Rock R to right side, recover to L
7&8 Step back on R, step L back beside R, step R forward.(3:00)

[25-32] Left step ½ turn x 2, step L hold, & step L , touch

1-4 Step forward on L pivot ½ to right,(9:00) step forward on L pivot ½ right(3:00)
5 6& Step L to left side, hold(6), step on ball of R beside L(&)
7-8 Step L to left side, touch R beside L.(3:00)

The Restart is during the music change on Wall 7 (second time 6:00 wall) in the section 2,
Step L forward, touch R beside L. Restart. Music changes back on wall 9

Dance finish at the end of section 2 on the 12:00 wall, take one extra step forward.

Dance for the Heart with Joy,

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