Move Like That



音乐: Crave - Pharrell Williams



#16 count intro after heavy beat

SIDE, HOLD, BALL SIDE, TOUCH, SIDE, HOLD, BALL SIDE, TOUCH

1,2,&3,4 Step Rt to Rt side, Hold, Step Lt next to Rt, Step Rt to Rt Side, Touch Lt next to Rt 5,6,&7,8 Step Lt to Lt side, Hold, Step Rt next to Lt, Step Lt to Lt Side, Touch Rt next to Lt

BODY ROLL DOWN, BODY ROLL DOWN, ROCK, RECOVER, SHUFFLE

1,2 Step Rt Back with body roll down, Hold (or touch Lt forward)3,4 Step Lt Back with body roll down, Hold (or touch Rt forward)

5,6,7&8 Step Rt back, Step Lt forward, Step Rt forward, Step Lt next to Rt, Step Rt forward

TOUCH, STEP, TOUCH, STEP, PADDLE X3, STEP

1,2 Touch Lt side Lt, Step Lt forward3,4 Touch Rt side Rt, Step Rt forward

5,6,7,8 Touch Lt to Lt side and turn Rt 1/16, Touch Lt to Lt side and turn Rt 1/16, Touch Lt to Lt side

and turn Rt 1/8, Step Lt forward (3:00)

STEP, HITCH, STEP, HITCH, ROCKING HIP BUMPS

1,2 Step Rt diagonal forward Rt, Lift Lt knee3,4 Step Lt diagonal forward Lt, Lift Rt knee

5,6 Step Rt forward (3:00) pushing hips front, Push hips back

7,8 Push hips front, Push hips back (weight on Lt)

Start Again

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