

Born To Be Alive

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Sally Hung (TW) & Suki Choi (KOR) - March 2018
音乐: Born to Be Alive - Patrick Hernandez



Sequence of dance:

Restart after finishing S3 of wall 2, facing 9 :00

Restart after finishing S3 of wall 6, facing 12 :00

* Both Restarts will have a change on S3:5-8, only make ¼ turn L on heel bounces

Intro: 32 counts

S1: Kick Forward, Side, ¼ L Toe Strut, Toe strut, Fwd, Pivot ½ Turn R

1-4 RF kick forward (left snap finger), RF step side, LF ¼ L step forward on toes, LF step heel down
5-8 RF step forward on toes, RF step heel down, LF step forward, pivot ½ turn R

S2: Triple ½ Turn R, Back Rock, Recover, Cha Cha ¼ Turn L, Back Rock, Recover

1&2 Triple ½ turn R on L-R- L
3-4 RF rock back, LF recover
5&6 Cha Cha ¼ turn L on R-L-R
7-8 LF rock back, RF recover

S3: Side, Hold, Behind, ¼ L, Scuff, Stomp, ½ L Heel Bounces(x3)

1-2& LF step side, Hold, RF behind cross
3-4 LF ¼ turn L stepping forward, RF scuff forward (3:00)
5-8 RF stomp, make a ½ turn L by heel bounces three times (9:00)

*RESTARTS HERE : wall 2, wall 6 (¼ turn L on Heel bounces)

S4. Side, Touch Behind, Side, Sailor Step, Hold, Toe Swivels, Punch Up

1-3. RF step side, LF touch behind cross, LF step side
4&5. RF cross behind, LF step beside, RF step a little fwd
6-7&8. Hold, toe swivels R-L, L fist punch up

START AGAIN.

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Last Update - 23rd March 2018