

Safe In My Arms EZ

COPPER KNOB
BY SHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Joshua Talbot (AUS) - March 2018
音乐: My Arms (feat. Chris Carmack, Jonathan Jackson & Sam Palladio) - Nashville
Cast



With the Approval of Kevin and Maria Smith (Kickin Country); This is a split floor to their fantastic dance "Safe In My Arms".

Dance starts on the lyrics

[1-8] WEAVE LEFT, CROSS ROCK, RECOVER, SIDE SHUFFLE

1234 Cross R over L, step L to L, Step R behind L, step L to L
567&8 Cross rock R over L, recover weight L, step R to R, step L together, step R to R

[9-16]* WEAVE RIGHT, CROSS ROCK, RECOVER, SIDE SHUFFLE

1234 Cross L over R, step R to R, Step L behind R, step R to R
567&8 Cross rock L over R, recover weight R, step L to L, step R together, step L to L*

[17-24] FWD, POINT, FWD, POINT, ¼ JAZZ BOX

1234 Step R fwd, point L toe to L, step L fwd, point R toe to R
5678 Cross R over L, starting to make ¼ R step L back, complete ¼ R step R to R, step L together

[25-32] WALK, WALK, WALK, DRAG, WALK, WALK, WALK, DRAG

1234 Step R fwd, step L fwd, slightly larger step R fwd, drag L together
5678 Step L fwd, step R fwd, slightly larger step L fwd, drag R together

[32] counts

Restart: During Wall 4: Dance to count 16 then Restart*

Sheet written 12/03/18

Video Available on:

Youtube video on account 'helenng27'

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