

Rock You!!

拍数: 32 墙数: 4 级数: Beginner
编舞者: Karianne Heimvik (NOR) - March 2018
音乐: We Will Rock You - Queen : (Remastered)



One Tag

You start the dance after 16 counts, and you can count them in by clapping your hands on 1&, and throwing your hands in the air on 2, and repeating until count 16.

[1-8]: walk, walk, walk, touch, back, back, back touch

1,2,3,4 step fwd on R, step fwd on L, step fwd on R, touch L next to R
5,6,7,8 step back on L, step back on R, step back on L, touch R next to L

[9-16]: mambo (right), mambo (left), mambo right 1/4 turn, mambo (left)

1&2 step R to right, recover weight on L, step R next to L
3&4 step L to left, recover weight on R, step L next to R
5&6 step R to right, ¼ turn to right as you recover weight to L, step R next to L
7&8 step L to left, recover weight to R step L next to R

[17-24]: diagonally step fwd, diagonally step back, out out, in in

1,2 step R diagonally fwd to right, touch L next to R

For styling: swing your arms over your head, start from down left when you step fwd on R. Finish the movement down on your right as you touch L next to R

3,4 step L diagonally back in place, touch R next to L

For styling: swing your arms back again

5&6 step R to right, step L to left, shoot your right arm up (with a fist)
7&8 step R back in place, step L next to R, shoot your right arm up (with a fist)

[25-32]: diagonally step fwd, diagonally step back, out out, in in

1,2 step R diagonally fwd to right, touch L next to R

For styling: swing your arms over your head, start from down left when you step fwd on R. Finish the movement down on your right as you touch L next to R

3,4 step L diagonally back in place, touch R next to L

For styling: swing your arms back again

5&6 step R to right, step L to left, shoot your right arm up (with a fist)
7&8 step R back in place, step L next to R, shoot your right arm up (with a fist)

Tag: on wall 4 facing 9 o'clock the chorus will come twice back to back, so you will dance count 17-32 twice.

After that the chorus is absent so the dance continues with only the first 16 counts.

You finish the dance on wall 6 after dancing count 1-4. on the last count shoot your right arm up (with a fist) for styling.

Listen to the music and you will do this naturally... so just dance and have fun!!!!

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