

Isla Bonita

COPPERKNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Myles Stubblefield (USA) - March 2018
音乐: Isla Bonita - Tala Dego : (Single)



Intro – 16 Counts

Tag (4 counts): At the end of wall 6 and wall 7

Restart 1: On wall 8, dance 16 counts and restart

Restart 2: On wall 10, dance 18 counts and restart

Sequence: 32-32-32-32-32-32-Tag-32-Tag-16-32-18-32-32-16

[1-9] BALL/SWEEP, ½ TURNING SAILOR, ¾ TURNING SAILOR, COSS/BACK/BACK, TRIPLE FULL TURN

- 1 Step L to left side sweeping R from front to back
- 2&3 Step R behind L turning ½ right, Step L in place, Step R to right side sweeping L from front to back [6:00]
- 4&5 Step L behind R turning ¾ left, Step R in place, Step L to left side [9:00]
- 6&7 Cross R over L, Step L back, Step R forward turning ¾ right [1:30]
- 8&1 Triple full right turn (LRL) [1:30]

[10-16] BEHIND/ROCK/RECOVER, BEHIND/ROCK/RECOVER-SWAY, SWAY, ¼ TURNING ROCK/RECOVER

- 2&3 Step/Drag R behind L, Rock L to left side, Recover R squaring up [3:00]
- 4&5 Step/Drag L behind R, Rock R to right side, Recover/Sway L [3:00]
- 6 Sway hips to right [3:00]
- 7 Rock back on L turning ¼ left
- 8 Recover R [12:00]

[17-24] ½ TURN X2, ½ PIVOT, FULL SPIRAL, STEP/HITCH, TRIPLE

- 1-2 Step L backward turning ½ right, Step R forward turning ½ right [12:00]
- 3& Step L forward, Pivot ½ right [6:00]
- 4 Full spiral turning right on L [6:00]
- 5 Step R forward catching weight [6:00]
- 6 Hitch R in front of L [6:00]
- 7&8 Triple step forward (RLR) [6:00]

[25-32] SIDE ROCK/RECOVER/CROSS X2, JAZZ SQUARE WITH CROSS

- 1&2 Rock L to left side, Recover R, Cross L over R [6:00]
- 3&4 Rock R to right side, Recover L, Cross R over L [6:00]
- 5-8 Cross L over R, Step R back, Step L next to R, Cross R over L [6:00]

TAG [1-4] (AFTER WALL 6 AND WALL 7) JAZZ SQUARE WITH CROSS

- 1-4 Cross L over R, Step R back, Step L next to R, Cross R over L

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