

Diane

拍数: 32 墙数: 0 级数: Country Novice Polka
编舞者: Marie-Theres Dorner (AUT) - March 2018
音乐: Diane - Cam



Phrasing: in Wall 4 and 5 just skip the last two counts, means dancing only 30 counts!
Intro: 16 counts

Side rock, triple $\frac{3}{4}$ turn, rock step, coaster step

1-2 RF step to the right, recover weight back to LF
3&4 triple turn over right shoulder with a $\frac{3}{4}$ turn, ending on RF
5-6 LF step forward, recover weight back on RF
7&8 LF step back, RF step next to LF, LF step forward

Kick, together, kick, together, step $\frac{1}{2}$ turn, triple $\frac{1}{2}$ turn, $\frac{1}{4}$ turn step, touch

1&2& RF kick fwd., step together, LF kick fwd., step together
3-4 RF step fwd., half turn over left shoulder, weight on LF
5&6 RF step to the right with a $\frac{1}{4}$ turn, LF cross over RF, RF step back with a $\frac{1}{4}$ turn
7-8 LF step to the left with a $\frac{1}{4}$ turn, RF touch next to LF

Cross rock, triple step, $\frac{1}{4}$ turn step, $\frac{1}{4}$ turn step, $\frac{1}{4}$ triple step

1-2 RF cross over LF, recover weight back to LF
3&4 RF step to the right, LF step next to RF, RF step to the right
5-6 LF step to the left with a $\frac{1}{4}$ turn, RF step to the right with a $\frac{1}{4}$ turn
7&8 LF step to the left with a $\frac{1}{4}$ turn, RF step next to LF, LF step to the left

Kick ball step, brush, hook, step diagonal, together, heel swivel

1&2 RF kick backwards, step together, LF step forward
3-4 RF brush, RF hook in front of LF
5&6 RF step diagonal to the right, LF step next to RF
7-8 Swivel both heels once to the right and back to the center

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