

Love Me

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Yona Mirda (INA) - March 2018
音乐: Mad Love (feat. Becky G) - Sean Paul & David Guetta



Intro : 16 Count

SESSI I: MAMBO FORWARD, MAMBO BACKWARD, CROSS SAMBA R-L

1 & 2 Rock R forward, Recover on L, Step back on R
3 & 4 Rock L back, Recover on R, Step L forward
5 & 6 Cross R over L, Rock L to L side, Recover on R
7 & 8 Cross L over R, Rock R to R side, Recover on L

SESSI II: ½ DIAMOND STEP, R HEEL, L HEEL, UNWIND ½ TURN L

1 & 2 Step R cross L, 1/8 turn R step L back, Step R back
3 & 4 Step L behind R, Step R 1/8 turn R to R side, Step L forward
5 & 6 & Heel R forward, back in place, Heel L forward, Back in place
7 - 8 Point R cross over L, ½ turn L stepping weight on L

RESTART HERE ON WALL 2 (16 COUNT)

SESSI III: SIDE, RECOVER, KICK BALL, MAMBO, POINT TO SIDE

1 & 2 & Step R to R side, Recover on L, Kick R forward, Step R ball beside L
3 & 4 & Step L to L side, Recover on R, Kick L forward, Step L ball beside R
5 & 6 & Rock R forward, Recover on L, Step back R, Recover on L
7 & 8 Point R to R side, Point R to beside L, Point R to R side

SESSI IV: SAILOR STEP R L, ½ PIVOT TURN L WITH RISING HEELS UP, COASTER STEP

1 & 2 Sweep from front to back cross R behind L, Step L to L side, Step R to side
3 & 4 Sweep from front to back cross L behind R, Step R to R side, Step L to side
5 & 6 Step R forward, Pivot ½ turn (3) onto both feet and L heels up, Both heels back in place taking weight onto R
7 & 8 Step L back, Step R beside L, Step L forward

LET'S DANCE & HAVE FUN.....

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Last Update – 1st June 2018