

Patrick Swayze

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Easy Intermediate
编舞者: Helena Jeppsson (SWE) - March 2018
音乐: Patrick Swayze - Sigrid Bernson



Kick ball point x2, kick ball touch, hip motion

1&2 Kick RF fwd, step RF beside LF, point left toe out to left side
3&4 Kick LF fwd, step LF beside RF, point right toe out to right side
5&6 Kick RF fwd, step RF slightly behind LF, touch ball of LF fwd
7 Roll hips fwd and upwards
8 Roll hips fwd and upwards (weight on RF)

1/4 R sailor turn, behind, side, mambo fwd, mambo back

1&2 Step back on LF, 1/4 turn R stepping RF to right side, step LF to left side
3 Step RF behind LF
4 Step LF to left side
5&6 Rock fwd on RF, recover, step RF beside LF
7&8 Rock back on LF, recover, step LF beside RF

Step turn, out, out, full turn R

1, 2 Step fwd on RF, make a 1/2 turn L (weight on LF)
3, 4 Step RF to right side, step LF to left side
5, 6 1/4 turn R stepping fwd on RF, 1/2 turn R stepping back on LF
7, 8 1/4 turn R stepping RF to right side, touch left toe beside RF

Half circle walk, knee pops

1, 2, 3, 4 Make a 1/2 turn L walking L, R, L, R in a half circle
5 Touch left toe beside RF
6 Step down on LF and pop right knee fwd
7 Step down on RF and pop left knee fwd
8 Step down on LF and pop right knee fwd

TAG: end of wall 4

Hips bump x4

1,2 Step RF to right side and bump hips to right, left
3,4 Bump hips to right, left (weight ends on LF)
