

拍数: 32 墙数: 4 级数: High Improver
 编舞者: Yeonjae Kim (KOR) - March 2018
 音乐: Us - Jennifer Lopez



Sec. 1: MAMBO (R FWD & L BACK). R SIDE ROCK. RECOVER. TOUCH. R CHASSE

1&2 Rock R fwd. Recover on L. Step back on R.
 3&4 Rock L back. Recover on L. Step fwd on R.
 5&6 Rock R side. Recover on L. Touch R together.
 7&8 Step R to R side. Step L nest to R. Step R to side.

Sec. 2: L CROSS ROCK. R RECOVER. R SIDE. R CROSS ROCK. L RECOVER. 1/4 R STEP. WALK. WALK (L. R). L SAILOR STEP 3/4 L.

1&2 Cross rock L over R. Recover on R. Side L.
 3&4 Cross rock R over L. Recover on L. 1/4 turn fwd.
 5-6 Walk fwd L. Walk fwd R.
 7&8 Make 1/4 L & cross L behind R. Make 1/2 turn L stepping R next to L. Step L fwd. 6:00

Sec. 3: R SIDE. 1/4 TURN TOUCH L. L CHASSE. TOUCH. POINT. TOUCH. SCISSOR STEP

1-2 Step R to R side. Make 1/4 turn touch L next to R.
 3&4 Step L to L side. Step L next to R. Step L to L side.
 5-8 Touch R next to L. Point R to R side. Touch R next to L. Step R large step to R side. Hold.
 Drag & step L next to R. Cross step R over L

Sec. 4: SYNCOPATED TOUCH'S L & R. L BALL. R FWD. 1/2 PIVOT. L SIDE ROCK. RECOVER. L FWD.

&1-2 Step L to left side(&). Touch R next to L(1). Hold(2).
 &3&4 Step R to right side(&). Touch L next to R(3). Step slightly back on ball of L(&). Step fwd R(4).
 5-6 Step fwd L(5). Pivot 1/2 turn right(6).
 7&8 Rock to L side on L(7). Recover on R(&). Step L fwd(8). 9:00

Tag : To be added at the end of Wall 8. facing 12:00 (16 count)

1&2-3&4 R Side Mambo. L Back Shuffle.
 5-6-7&8 R Back Rock. Recover. R Fwd Shuffle.

1&2-3&4 L Side Mambo. R Back Shuffle.
 5-6-7&8 L Back Rock. Recover. Fwd Shuffle.

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