

Get Down South

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Dan Albro (USA) - March 2018
音乐: Get Down South - Montgomery Gentry



Intro: 16 count Intro - Start with Vocals

*One Easy Restart Facing 12:00

[1-8] SIDE, BEHIND, & HEEL & CROSS, ¼ TURN, ¼ TURN, CROSS, SIDE, CROSS

1,2&3 Step side R, cross step L behind R, step side R, touch L heel angle fwd left
&4,5 Step back on L, cross step R over L, turn ¼ right stepping back L
6,7&8 Turn ¼ right stepping side R, cross step L over R, step side R, cross step L over R

*Restart: On wall 3, facing 12:00 – Restart

[9-16] ROCK, REPLACE, CROSS, ROCK, REPLACE, CROSS, ¼ MONTERY, JAZZ ¼ TURN

1&2 Rock side R, replace weight on L, cross step R over L
3&4 Rock side L, replace weight on R, cross step L over R
5&6& Touch R toe side, turn ¼ right stepping R next to L, touch L toe side, step L next to R
7&8& Cross step R over L, step back on L, turn ¼ right stepping side R, step L over R

[17-24] LUNGE, HOLD, HIP BUMPS, FULL TURN, SIDE SHUFFLE

1,2&3&4 Large step side R, hold, bump hips L, bump hips R, bump hips L, bump hips R
5, 6 Turn ¼ left stepping L, turn ½ left stepping back on R
7&8 Turn ¼ left stepping side L, step R next to L, step side L

[25-32] SAILOR SHUFFLE, SAILOR ¾ TURN, FWD COASTER, BACK COASTER

1&2 Cross step R behind L, rock side L, replace weight on R
3&4 Cross step L behind R turning ¼ left, turn ½ left stepping R next to L, step fwd L
5&6 Step fwd R, step L next to R, step back R
7&8 Step back L, step R next to L, step fwd L

Fun Option: On walls 2,6,and 8 replace counts 29&30 and 31&32 with

Stomp R fwd, stomp L out, clap hands, stomp R back, stomp L next to R, clap hands

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