

Dance Little Sister

拍数: 64 墙数: 2 级数: Improver
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音乐: Dance Little Sister - Terence Trent D'Arby



(Intro: 64 counts)

[1-8]: STEP RIGHT, DRAG, (BRUSH) BALL STEP, STEP, STEP (POP KNEE OUT), STEP, STEP (POP KNEE OUT), STEP

1,2 RF step right side, LF drag to RF
a&3,4 brush LF forward, LF step in place, RF step forward, LF step forward
5,6 RF step forward bend your knee's and pop your knee's out, LF step forward and stretch your self up
7,8 RF step forward bend your knee's and pop your knee's out, LF step forward and stretch your self up

[9-16]: ROCKSTEP, 1/4 SHUFFLE RIGHT, CROSS, 1/4 TURN LEFT, 1/2 TURN SAILOR CROSS LEFT

1,2 RF rock forward, LF weight back
3&4 1/4 turn right & RF step side, LF close to RF, RF step side
5,6 LF cross over RF, 1/4 turn left & RF step back
7&8 1/2 turn left & LF cross behind RF, RF step side, LF cross over RF

[17-32]: REPEAT COUNT [1 TO 16]

[33-40]: KICK BALL TOUCH (SIT POSITION), TWIST & TWIST, KICK BALL CROSS 2X

1&2 RF kick diagonal forward, RF step on RF, LF touch forward (sit position)
3&4 LF twist heel out, LF twist heel in, LF twist heel out
5&6 LF kick diagonal forward, LF step on LF, RF cross over LF
7&8 LF kick diagonal forward, LF step on LF, RF cross over LF

[41-48]: TOUCH & TOUCH, BODYROLL BACK, SAILORSTEP, SAILOR 1/4 TURN RIGHT

1&2 LF touch left to the side, LF step close to RF, RF touch right to the side
3&4 Start bodyroll backwards, LF close to RF, RF step right to the side and finish bodyroll
5&6 LF cross behind RF, RF step a little to the right side, LF step a little to the left side
7&8 ¼ turn right & RF cross behind LF, LF step a little to the left side, RF step a little to the right side

[49- 56] : LIFT KNEE UP, STEP, MAMBO STEP, ROGER RABBIT STEPS BACK, COASTER STEP

1,2 Lift left knee up, LF step forward
3&4 RF rock forward, LF weight back on LF, RF step back
&5&6 Twist both heels out, LF step back, twist both heels out, RF step back
7&8 LF step back, RF close to LF, LF step forward

[57-64]:SIDE MAMBO ¼ TURN LEFT, CAMEL WALKS, PIVOT ½ TURN STEP, CAMEL WALKS

1&2 RF rock side, ¼ turn left (weight on LF), RF step forward
3,4 LF step forward & drag Right toes same time, RF step forward & drag left toes same time
5&6 LF step forward, ½ turn right (weight on RF) LF step forward
7,8 RF step forward & drag Left toes same time, LF step forward & drag Right toes same time

No Tags No Restarts!
Have fun.

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