

Lost

拍数: 32 墙数: 2 级数: Advanced
编舞者: Daniel Trepát (NL), Raymond Sarlemijn (NL) & Darren Bailey (UK) - March 2018
音乐: Lost - Anouk



Intro: 16 counts (app. 16 sec into track)
Restart: After 16 counts in the 2nd and 5th wall

[1 – 9] Basic Nightclub R, 1/8 turn L, Step fwd With Arm Reach, Step Backwards R L, 1/8 turn, Cross, 3/4 turn L, Sway L, 1/4 turn R with Sweep, Cross, 1/8 turn L walking R L, 1/8 turn L Cross

- 1 – 2&3 Step R to R side (1), Step L close to R (2), Cross R over L (&), 1/8 turn L stepping L forward (reach with R hand forward) (3) 10:30
4&5 Step R back (4), Step L back (&), Cross R over and turn 7/8 turn L (5) 12:00
6&7 Sway on L (6), 1/4 turn R stepping R forward & sweep L from back to front (7) 3:00
8& á1 Cross L over R (8), 1/8 turn L stepping R back (&), Step L back (á), 1/8 turn L crossing R over L (1) 12:00

[10 – 16] Unwind Full Turn L, Bend Knees, Unwind Full Turn R, Aerial Rondé, Cross, 1/8 turn L, Step L R, Lock Behind, Unwind 1 1/8 turn L

- 2 – 3 Start turning full turn L (2), Finish full turn & bend both knees (weight finishes on L) (3) 12:00
4 – 5 Start turning full turn R (4), Finish full turn & make a aerial ronde with R (5) 12:00
6& á78 Cross R behind L (6), 1/8 turn L stepping L forward (&), Step R forward (á), Cross on ball of L behind R (7), Unwind full turn L & finish weight on L (L is forward) (8) 9:00

Restart Restart will take place here in the 2nd and 5th wall after count 8 turn 1/4 turn R to start again

[17 – 24] Step Back, Walk L R, 1/4 turn L, Nightclub Twinkles Back 2x, Walk L R, 3/4 Pirouette turn L, Cross Rockstep

- 1 – 2& Step R back (1), Step L back (2), Step R back (&) 9:00
3 – 4& 1/4 turn L stepping L to L side & collect R towards L (sway body to L) (3), 1/8 turn L stepping R back (4), Step L back (&) 4:30
5 – 6& 1/8 turn R stepping R to R side & collect L towards R (sway body to R) (5), 1/8 turn R stepping L back (6), Step R back (&) 7:30
7 – 8& 3/8 turn L stepping L forward & 1/2 pirouette turn L (Raise R knee) (7), Cross R over L (8), Recover on L (&) 9:00

[25 – 32] Basic Nightclub R, Hinge Turn R, Cross, Side, Basic Nightclub R, 1/4 turn L, Feather 1/2 turn L

- 1 – 2& Step R to R side (1), Step L close to R (2), Cross R over L (&) 9:00
3 – 4& Step L to L side & turn 1/2 turn R (weight stays on L) (3), Step R to R side (4), Cross L over R (&) 3:00
5 – 6& Step R to R side (5), Step L close to R (6), Cross R over L (&) 3:00
7 – 8& 1/4 turn L stepping L forward (7), Start making 1/2 turn in a circle walking on R (8), Finish circle walking L (&) 6:00

Begin again!