

Sway (P)

COPPERKNOB
BYEPOSTETS

拍数: 16 墙数: 0 级数: Partner / Circle
编舞者: Unknown - March 2018
音乐: Black Velvet - Alannah Myles



Alt. music:-

"It's Your Call" by Reba McEntire

"Black Coffee" by Lacy J. Dalton

Position: Lady faces the OLOD with her hands raised at her shoulders, heels together. Man stands behind her with his hands holding hers, heels together. Alternative position would have the man wrapping his arms slightly around the lady with the hands being held slightly in front of the lady's body (for this intimacy, you might want to be good friends)

Version as danced in Suffolk County Long Island New York

Start dancing on lyrics

1-2 Step left to side, touch right together

3-4 Step right to side, touch left together

5-6 Step left to side, touch right together

7 Turn $\frac{1}{4}$ right and step right forward

Arms move to Reverse Promenade Position facing RLOD

8 Kick left forward (low, moving from the hip)

1-2-3 Step left back, step right back, step left back

Drop left hands

4 Turn $\frac{3}{4}$ left and step right to side (ILOD)

Re-grasp left hands

5-6 Cross left behind right, turn $\frac{1}{4}$ right and step right forward (LOD)

7 Turn $\frac{1}{2}$ right and step left back (RLOD)

8 Turn $\frac{1}{2}$ right and step right forward (LOD)

Turn $\frac{1}{4}$ right to face OLOD to begin dance again

REPEAT

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Last Update - 29th March 2018