Irish Rainbow



编舞者: HP Low (UK) - March 2018

音乐: Dance Above the Rainbow - Ronan Hardiman



Section 1: Skipping Steps & hitch x4 moving forwards

1-2	Step R foot fwd with a skipping step, hitch L foot
3-4	Step L foot fwd with a skipping step, hitch R foot
5-6	Step R foot fwd with a skipping step, hitch L foot
7-8	Step L foot fwd with a skipping step, hitch R foot

Section 2: Jazz box, rock forward, recover, chasse 1/4 turn to right

1-2	Step R foot over L foot, Step L ft back
3-4	Step R ft to side, step L ft next to R ft
5-6	Rock R ft forward, recover to left foot
7&8	Chasse 1/4 turn to Right R-L-R

Section 3: Weave and Sweep, Vine And point

1-2	Step L foot over R foot, Step R foot to R side
3-4	Step L foot behind R, Sweep R foot behind L foot
5-6	Step R foot behind L foot Step L to L side
7-8	Step R foot over L foot, Point L foot out

Section 4: Walk back 2 steps, shuffle ½ turn twice to the Left, coaster step

1-2	Walk back 2 steps starting with L foot
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3&4 Shuffle half turn L-R-L5&6 Shuffle half turn R-L-R

7&8 Step back on L, step together with R, step L forward

(Last wall (10) will start at 3.00 and continue to 6.00.

Instead of a coaster step in the last section, perform another ½ shuffle, taking you to the front)

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