

Irish Rainbow

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: HP Low (UK) - March 2018
音乐: Dance Above the Rainbow - Ronan Hardiman



Section 1: Skipping Steps & hitch x4 moving forwards

1-2 Step R foot fwd with a skipping step, hitch L foot
3-4 Step L foot fwd with a skipping step, hitch R foot
5-6 Step R foot fwd with a skipping step, hitch L foot
7-8 Step L foot fwd with a skipping step, hitch R foot

Section 2: Jazz box, rock forward, recover, chasse 1/4 turn to right

1-2 Step R foot over L foot, Step L ft back
3-4 Step R ft to side, step L ft next to R ft
5-6 Rock R ft forward, recover to left foot
7&8 Chasse 1/4 turn to Right R-L-R

Section 3: Weave and Sweep, Vine And point

1-2 Step L foot over R foot, Step R foot to R side
3-4 Step L foot behind R, Sweep R foot behind L foot
5-6 Step R foot behind L foot Step L to L side
7-8 Step R foot over L foot, Point L foot out

Section 4: Walk back 2 steps, shuffle 1/2 turn twice to the Left, coaster step

1-2 Walk back 2 steps starting with L foot
3&4 Shuffle half turn L-R-L
5&6 Shuffle half turn R-L-R
7&8 Step back on L, step together with R, step L forward

(Last wall (10) will start at 3.00 and continue to 6.00 .

Instead of a coaster step in the last section, perform another 1/2 shuffle, taking you to the front)

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