

Barcelona

拍数: 32 墙数: 4 级数: Novice Samba
编舞者: Aline Morel (FR) - February 2018
音乐: Barcelona - Ed Sheeran : (Album: Deluxe)



Intro : 16 counts

Note : At the beginning of the dance, on count 1, do ¼ turn on your R stepping L to L side, to begin the dance facing (3.00). Weight on RF.

¼ TURN R, CHASSE L ¼ TURN L, R FORWARD, L STEP LOCK STEP, MAMBO ¼ TURN R, BALL CHANGE

1 LF ¼ turn R stepping L side (3.00)
& RF Step next to L
2 LF ¼ turn L stepping L forward (12.00)
3 RF Step forward
& LF Step forward on ball
4 RF Lock behind LF (ball R on the L of LF)
5 LF Step forward
6 RF Rock forward
& LF Recover weight
7 RF ¼ turn R step R side (3.00)
8 LF Step on ball next to RF
& RF Step in place

BASIC SAMBA L R, BOOGIE WALKS, RUN FORWARD X3

9 LF Step to L side
0a RF Step ball behind L
10 LF Step in place (weight on L)
11 RF Step to R side
0a LF Step ball behind R
12 RF Step in place (weight on R)
13 LF Small step forward, rolling L knee to the L
14 RF Small step forward, rolling R knee to the R
15 LF Run forward *
& RF Run forward *
16 LF Run forward *

* Option Styling : counts 15&16 Small step forward rolling knee « OUT »

R FORWARD MAMBO WITH SWEEP, LOCK, RECOVER, BACK, SWEEP, LOCK, RECOVER, BACK, ¼ L & L FORWARD, STEP R FORWARD, PIVOT ½ TURN L

17 RF Rock forward
& LF Recover weight
18 RF Step backward
& LF Sweep from front to back
19 LF Lock behind RF (LF on the R of RF) *
& RF Recover weight on R in place *
20 LF Step slightly back *
& RF Sweep from front to back
21 RF Lock behind LF (RF on the L of LF) *
& LF Recover weight on L in place *
22 RF Step slightly backward *
23 LF ¼ turn L stepping L forward (12.00)

- 24 RF Step forward
25 LF pivot ½ turn L (weight ends LF) (6.00)
*** Dance counts 19&20 & 21&22 with little bounces on Ball**

KICK BALL, L SIDE INTO HIP DIPS, L BEHIND, ¼ TURN R, R FORWARD, L TOUCH

- 26 RF Kick forward
& RF Step ball next to LF
27 LF Rock to L side as you bend knees slightly and begin pushing hips from L to R
28 RF Pushing the hips R as you rock weight to R and straighten knees
29 LF Repeat count 27 above
30 RF Repeat count 28 above
31 LF Cross behind RF
& RF ¼ turn R stepping R forward (9.00)
32 LF Touch L next to RF

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