

El Amante Cha

COPPERKNOB
STEPSHEETS

拍数: 40 墙数: 4 级数: Improver
编舞者: Val Saari (CAN) - March 2018
音乐: El Amante - Richard Take : (iTunes)



NOTE: Dance begins approx. 21 seconds into song

S1: RF TOE-STRUT MODIFIED JAZZ BOX, RF MAMBO BACK

1-2 Cross RF over L, Touch RF toe - drop R heel
3-4 Step LF left on toes, LF heel down
5-6 Rock RF back, Recover LF
7-8 Step RF together

S2: LF TOE-STRUT MODIFIED JAZZ BOX, LF MAMBO BACK

1-2 Cross LF over R, Touch LF toe - drop L heel
3-4 Step RF right on toes, RF heel down
5-6 Rock LF back, Recover RF
7-8 Step LF together

S3: SHUFFLE FORWARD X 2, STEP-PIVOT 1/2 LEFT, KICK-BALL CHANGE

1&2 Shuffle forward RLR
3&4 Shuffle forward LRL
5-6 Step RF forward, pivot 1/2 left
7&8 Kick RF forward, Step RF together, Step LF together

S4: SHUFFLE RIGHT WITH TRIPLE STEP, SHUFFLE LEFT WITH TRIPLE STEP

1-2 Step RF right, Step LF beside right
3&4 Step RF right, Step LF beside right, Step RF right
5-6 Step LF left, Step RF beside left
7&8 Step LF left, Step RF beside left, Step LF left

S5: RF ROCK FWD, LF RECOVER, RF MAMBO BACK, LF ROCK FWD, RF RECOVER, LF MAMBO BACK

1-2 Rock RF forward, Recover LF
3&4 Rock RF back, Recover LF, Step RF beside left
5-6 Rock LF forward, Recover RF
7&8 Rock LF back, Recover RF, Step LF beside right
