Love Blues

拍数: 32

级数: Beginner

编舞者: Jan Brookfield (UK) - March 2018

音乐: LOVE (Glee Cast Version) - Glee Cast

(Start on vocals)

Alternative music : "Home of the Blues" by Dwight Yoakam : 188 BPM (start on vocals) "Let's put the Western Back in the Country" by Joni Harms. Or other music of your choice with a similar rhythm.

PLEASE NOTE : the rhythm is constant throughout : slow, slow, quick-quick, slow [S,S, Q-Q, S]

Section 1 : SIDE, CLOSE, SIDE-CLOSE, FORWARD; SIDE, CLOSE, SIDE-CLOSE, BACK 1,2,3&4 Step R to right side, close L to R, step R to right side, close L to R, step R forward

5,6,7&8 Step L to left side, close R to L, step L to L, step L to left side, close R to L, step L to left side, close R to L, step L to left side, close R to L, step L to left side, close R to L, step L to left side, close R to L, step L to left side, close R to L, step L to left side, close R to L, step L to left side, close R to L, step L to left side, close R to L, step L to left side, close R t

Section 2 : WALK BACK x2 , COASTER STEP; WALK FORWARD x2, SHUFFLE FORWARD

- 9,10,11&12 Walk back on R,L ; step R back, step L next to R, step R forward
- 13,14,15&16 Walk forward on L,R, shuffle forward on L,R,L

Section 3 : ROCK, RECOVER, 1/2 TURN SHUFFLE; ROCK, RECOVER, COASTER STEP

- 17,18,19&20 Rock R forward, recover onto L, making a half turn over right shoulder shuffle forward on R,L,R (facing 6 o'clock)
- 21,22,23&24 Rock L forward, recover onto R; step L back, step R next to L, step L forward

Section 4 : SIDE ROCK, RECOVER, BEHIND, SIDE, ACROSS; HEEL TAP x 2, BEHIND, SIDE, 1/4 TURN

- 25,26,27&28 Rock R to right side, recover onto L; step R behind L, step L to left side, step R across in front of L
- 29,30, 31&32 Tap L heel diagonally forward x 2; step L behind R, step R to side, making a quarter turn right step L forward (facing 9 o'clock)

START AGAIN





墙数:4