

Rock Me Gently

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Kim Ray (UK) - March 2018
音乐: Rock Me Gently - Andy Kim : (Album: This Is...1974)



Intro: 32 counts

S1: ROCKING CHAIR, STEP POINT x 2

1-2 Rock forward on right, recover back on left
3-4 Rock back on right, recover forward on left
5-6 Step right forward and slightly across left, point left to left side
7-8 Step left forward and slightly across right, point right to right side (12:00) (Restart on wall 5)

S2: JAZZ BOX, FORWARD, FORWARD ROCK/RECOVER, SHUFFLE ¼ TURN RIGHT

1-2 Cross step right over left, step back on left
3-4 Step right to right side, step forward on left
5-6 Rock forward on right, recover back on left
7&8 ¼ turn right stepping right to right side, step left beside right, ¼ turn right stepping forward on right (6:00)

S3: STEP PIVOT ½ TURN RIGHT, SHUFFLE FORWARD, SIDE, HOLD, BALL SIDE TOUCH

1-2 Step forward on left, pivot ½ turn right (12:00)
3&4 Step forward on left, step right next to left, step forward on left
5-6 Step right to right side, hold
&7-8 Step left next to right, step right to right side, touch left next to right (12:00)

S4: ¾ TURN LEFT, HIPS SWINGS x 4

1-2 ¼ turn left stepping forward on left, ¼ turn left stepping forward on right (6:00)
3&4 Shuffle ¼ turn left stepping left, right, left (3:00)

(Counts 1 to 4 should make ¾ of a circle)

5-6 Step right to right side as you swing hips right, swing hips left (3:00)
7-8 Swing hips right, swing hips left (3:00)

TAG: End of wall 11 facing 6:00

HIP SWINGS x 2

1-2 Swing hips right, swing hips left

Contact: kim.ray1956@icloud.com