Happy You & I

拍数: 64 **墙数:** 4 **级数:** Beginner
编舞者: Penny Tan (MY) - March 2018
音乐: Kuai Le Sheng Huo Ni He Wo (快樂生活你和我) - Summer Grace (風彩姐妹)

***Play for 16 counts from the first beat, then go intro dance**

Sequence: INTRO, TAG1, TAG2, A,A, A,A ,TAG2, INTRO, A,A,A-(32)

Intro (32count)
SECi1:HIPS BUMPS RL X4
1-8 Step both feet together ,and do the hips bumps RL X4 with both hands rolls up

SECi2: HIPS BUMPS RL X4
1-8 Hips bumps RL x4 with both hands put together in front and slowly down

SECi3: REPEAT SECi1

SECi4:REPEAT SECi2

PART A (64 Count)
SEC 1: ROCK,RECOVER,BACK SHUFFLE,ROCK,RECOVER ,FORWARD SHUFFLE
1-2 Rock right forward, recover onto left
3&4 Back shuffle on RLR
5-6 Rock left back, recover onto right
7&8 Forward shuffle on LRL

SEC 2: FORWARD CROSS,SIDE,1/4 RIGHT TURN, BACK SHUFFLE, ROCK,RECOVER ,FORWARD SHUFFLE
1-2 Cross forward on right, step left to left side with make a ¼ turn to right
3&4 Back shuffle on RLR
5-6 Rock left back , recover onto right
7&8 Forward shuffle on LRL

SEC 3: STEP DIAGONAL FORWARD , HIPS BUMPS,STEP DIAGONAL FORWARD, HIPS BUMPS
1-2 Step right forward with bump hips forward , bump hips back
3&4 Bump hips forward, back , forward
5-6 Step left forward with bump hips forward , bump hips back
7&8 Bump hips forward, back , forward

SEC 4: FORWARD , PIVOT 1/8 LEFT TURN,RECOVER , PIVOT 1/8LEFT TURN , RECOVER,JAZZ BOX
1-2 Step right forward, pivot 1/8 turn left , recover onto left
3-4 Step right forward, pivot 1/8 turn left , recover onto left
5-6 Cross right over left, step left back
7-8 Step right to right side, step left over right
***Dance will end on wall7 after 32 count facing 6.00, ½ turn L and make a post facing 12.00**

SEC 5: CUCARACHA RIGHT AND LEFT, SIDE ROCK , ¼ LEFT TURN , STEP FORWARD,FORWARD SHUFFE
1&2 Step right foot next to left foot, step left foot in place next to right foot, step right foot to right side
3&4 Step left foot next to right foot, step right foot in place next to left foot, step left foot to left side
5-6 Rock right to right side,1/4 turn left, step left forward
7&8 Forward shuffle RLR

SEC 6: STEP FORWARD , ½ TURN RIGHT ,STEP FORWARD , FORWARD SHUFFLE,ROCK FORWARD,RECOVER,BACK SHUFFLE

1-2	Step left forward, ½ turn right ,step right forward
3&4	Forward shuffle LRL
5-6	Rock forward right , recover onto left
7&8	Back shuffle LRL

SEC 7: BACK SHUFFLE LEFT AND RIGHT ,BACK ROCK,RECOVER, FORWARD SHUFFLE

1&2	Back shuffle LRL
3&4	Back shuffle RLR
5-6	Rock left back , recover onto right
7&8	Forward shuffle LRL

SEC 8: FORWARD LOCK ,FORWARD SHUFFLE,STEP FORWARD,RECOVER,1/2 TURN LEFT , FORWARD SHUFFLE

1-2	Step right forward , lock left behind right
3&4	Forward shuffle RLR
5-6	Step left forward, recover onto right
7&8	½ turn left , forward shuffle LRL

*On Wall 5 facing 12.00, do the Tag2 then intro

TAG 1:(16 count)
SEC-1:STEP FORWARD , TOUCH , STEP BACK , TOUCH

1-2	Step right forward, touch left beside right(with shimmimg)
3-4	Step right back , touch left beside(with shimming)
5-6	Step right forward, touch left beside right(with shimmimg)
7-8	Step right back , touch left beside(with shimming)

SEC-2:STEP BACK ,TOUCH, STEP BACK , TOUCH

1-2	Step right back , touch left beside right
3-4	Step left forward, touch right beside left
5-6	Step right back , touch left beside right
7-8	Step left forward, touch right beside left

TAG 2:(32count)
SEC T1: SYCROPATED CROSS ROCKING CHAIR RIGHT AND LEFT

1&2&	Cross right over left ,recover left onto left , touch right to right , recover left on left
3&4	Cross right over left, recover left onto left, step right onto right
5&6&	Cross left over right, recover right onto right, touch left to right, recover right on right
7&8	Cross left over right, recover right onto right, step left to left

SEC T2: MAMBO FORWARD,MAMBO BACK , RIGHT MAMBO, LEFT MAMBO

1&2	Right forward mambo,recover left on left, step right beside left
3&4	Left back mambo, recover right on right, step left beside right
5&6	Right side mambo, recover left on left, step right beside left
7&8	Left side mambo, recover right on right, step left beside left

SEC T3: REPEAT SEC T1

SEC T4:REPEAT SEC T2

Happy Dancing

Contact:pennytanml@hotmail.com