

# Watch The Tempo

拍数: 64      墙数: 2      级数: Advanced  
编舞者: Joey Warren (USA), Guillaume Richard (FR), Fred Whitehouse (IRE), Shane McKeever (N.IRE) & Gemma Ridyard (UK) - March 2018  
音乐: Mad Love (feat. Becky G) - Sean Paul & David Guetta



**\*\* Restart on wall 1 after 48 counts facing 6 o'clock \*\***

## **S1: Forward, 1/4, 1/4, back, hitch back, diagonal step together step touch, step touch , chasse L**

12&      step RF forward (1) make a 1/4 turn L cross LF over RF (2) make a 1/4 turn L step RF back  
3&4      step LF back (3) hitch R knee (&) step RF back (4)  
5&6&      travelling back on L diagonal step LF to L side (5) close RF next to LF (&) step LF back (6)  
touch R next to LF (&)  
7&8&1      Step RF to R side (7) touch L toe next to RF (&) step LF to L side (8) close RF next to LF (&)  
step LF to L side (1) (6 o'clock)

## **S2: 1/8 turn R samba step, close, point & point, point hitch, 1/8 turn R jazz box cross**

2&3      make an 1/8 turn R crossing RF over L (2) rock the ball of LF to L side (&) replace weight to  
RF (3) (7:30)  
&4&5      close LF to RF (&) point RF to R side (4) close RF to LF (&) point LF to L side  
&6&      close LF to RF (&) point RF to R side (6) hitch R knee forward (&)  
7&8&      cross RF over LF (7) step LF back (&) make 1/8 turn R step RF to R side (8) cross LF over  
RF (&) (9 o'clock)

## **S3: Step R chest/hip rolls, close L close R, Step L chest/hip rolls, close pony L hitch step forward**

123&4      step RF to R side rolling hips/chest isolation (123), close L to RF (&) close RF to LF (4)  
56      step LF to L side rolling hips/chest isolation (56)  
&7&8      close RF next to LF (&) point LF to L side (7) hitch L knee forward (&) step LF forward (8) (9  
o'clock)

## **S4: R fwd mambo, back, 1/2 R, L fwd, R Fwd sweep 1/4 R, weave R, R side rock**

1&2      Rock RF forward (1) replace weight to LF (&) step RF back (2)  
3&4      step LF back (3) make a 1/2 turn R step RF forward (&) step LF forward (4)  
56&7      step RF forward as you sweep LF a 1/4 turn R (5) cross LF over RF (6) step RF to R side (&)  
cross LF behind RF (7)  
8&      rock RF to R side (8) replace weight to LF (&) (6 o'clock)

## **S5: 2x travelling back sambas, C curve turning weave R**

12&      cross RF behind LF (1) rock LF to L side (2) replace weight to RF (&)  
34&      cross LF behind RF (1) rock RF to R side (2) replace weight to LF (&)  
5&6&      make an 1/8 turn R cross RF behind LF (5) make an 1/8 turn R step LF to L side (&) make an  
1/8 turn R cross RF in front of LF (6) make an 1/8 turn R step LF to L side (&)  
7&8      cross RF behind LF, step LF to L side, cross RF in front of LF (12 o'clock)

## **S6: Ball side rock 1/8 R, step, lock step, step step, R paddle 3/8 turn L**

&12      rock the ball of LF to L side (&) make an 1/8 turn R stepping RF forward (1) step LF forward  
(2) (1:30)  
&3&4      step RF forward on the ball of RF (&) lock ball of LF behind RF (3) step RF forward (&) step  
LF (4)  
5-8      make 3/8 turn L chug/paddle RF round (5-8) (6 o'clock)

**\*\* Restart here on wall 1 \*\***

## **S7: Heel grind, ball L cross shuffle, side close, weave L**

12& grind R heel forward (1) step LF small step to L side (2) close RF to LF (&  
3&4 cross LF over RF (3) step RF to R side (&) cross LF over RF (4)  
&56 step RF to R side (&) close LF to RF (5) cross RF over LF (6)  
&7&8 step LF to L side (&) step RF behind LF (7) step LF to L side (&) cross RF over LF (8) (6  
o'clock)

**S8: Side rock, ball side rock, ball forward rock, touch and touch**

12& rock LF to L side (1) replace weight to RF (2) close LF to RF (&  
34& rock RF to L side (3) replace weight to LF (4) close RF to LF (&  
56& rock LF forward (5) replace weight to RF (6) step LF back (&  
7&8& touch R to forward (7) step RF back (&) touch L toe forward (8) close LF to RF (&)

**Happy dancing!**

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