

Blessings

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Judy Rodgers (USA) - March 2018
音乐: Blessings - Laura Story



#32 count intro (counting 8th notes as the beat....would be 16 intro if counting quarter notes)

S1: Walk, step, turn 1/4 R, cross, turn 1/4 L, sweep/turn 1/4 L, step, cross

1-4 Walk R fwd, step L fwd, turn 1/4 right step R to right side, cross L over R 3:00
5-8 Turn 1/4 left step R back, raise L leg sweep turn 1/4 left, step L down, cross R over L 9:00

S2: Step, together, fwd, hold, turn 1/2 L, turn 1/2 L, rock recover

1-4 Step L to left, step R beside L, step L fwd, hold
5-8 Turn 1/2 left step R back, turn 1/2 left step L fwd, rock R fwd, recover L

S3: Back, sweep, back, sweep, back, lock, back, turn 1/4 L step

1-4 Step R back, sweep L from front to back, step L back, sweep R from front to back
5-8 Step R back, lock L over R, step R back, turn 1/4 left step L to left side 6:00

S4: Rock recover back, hold, step back/sway, sway, sway, touch

1-4 Rock R fwd, recover L, step R back, hold
5-8 Step L back sway back, sway R fwd, sway L back, touch R beside L

*** Restart here on Wall 2 facing 12:00 and Wall 5 facing 6:00

S5. Rumba box turning 1/4 left

1-4 Step R to right side, step L beside R, turn 1/8 left step R back, hold 4:30
5-8 Turn 1/8 left step L to left side, step R beside L, step L fwd, hold 3:00

S6: Side, hold, rock back, recover, side, together, fwd, hold

1-4 Step R big step to right side, hold, rock L behind R, recover R
5-8 Step L to left side, step R beside L, step L fwd, hold

S7: Step, hold, turn 1/2 R, turn 1/4 R, rock, recover, turn 1/2 L step, hold

1-4 Step R fwd, hold, turn 1/2 right step L back, turn 1/4 right step R to right side 12 :00
5-8 Rock L fwd, recover R, turn 1/2 left step L fwd, hold 6:00

***Restart here on Wall 6 facing 12:00

S8: Step spiral full turn L, rock recover, big step back, drag, rock back, recover

1-2 Step R fwd (full spiral turn left on ball of R) (* option - step R fwd, hold)
3-4 Rock L fwd, recover R
5-8 Take big step L back, drag R, rock R back, recover L

Tag: Wall 7 starts 12:00 - add following 8 counts at end of wall 7 facing 6:00

Rock, hold, recover, side, rock, hold, recover, side

1-8 Rock R over L, hold, recover L, step R to side, rock L over R, hold, recover R, step L to side

***3 Restarts in the dance:

Dance 32 cnts and Restart: Wall 2 starts 6:00 - Restarts 12:00; Wall 5 starts 12:00 - Restarts 6:00

Dance 56 cnts and Restart: Wall 6 starts 6:00 - Restarts 12:00

Special thanks to BRENDA SAULS for suggesting this music!!