

Sacrifice

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate waltz
编舞者: Anne Herd (AUS) & Travis Taylor (AUS) - March 2018
音乐: Sacrifice (feat. Jessie Reyez) - Black Atlas : (CD: 50 Shades Freed - OST - iTunes)



Dance rotates 1/4 CW - No Tags/ Restarts

Intro: Start on the heavy beat just before the main lyrics. Approx. 48 beats, weight on R

S1: STEP SWEEP, SAILOR

1-2-3 Step back on L, Sweep R back around for two counts

4-5-6 Cross R behind L, Step L to side, Step R to side

S2: STEP SWEEP, BEHIND, SIDE, CROSS

1-2-3 Step back on L, Sweep R back around for two counts

4-5-6 Cross R behind L, Step L to side, Cross R over L 12:00

S3: STEP DRAG, STEP DRAG

1-2-3 Step L to side, Drag R towards L over two counts (weight stays on L)

4-5-6 Step R to side, Drag L towards R over two counts (weight stays on R) 12:00

S4: WALTZ FORWARD, 1/2 TURN, WALTZ BACK

1-2-3 Step forward on L, Turn 1/2 L Step R beside L, and Step L beside R

4-5-6 Step back on R, Step L beside R, and Step R beside L 6:00

S5: CROSS WALTZ, CROSS SWEEP,

1-2-3 Cross L over R, Step R to side, Step L to side

5-6-7 Cross R over L, Sweep L around fwd. for two counts 12:00

S6: CROSS WALTZ, CROSS WALTZ 1/4 TURN

1-2-3 Cross L over R, Step R to side, Step L to side

4-5-6 Cross R over L, Turn 1/4 R, Step back on L, Step R to side 3:00

S7: STEP DRAG, HITCH, BACK CROSS BACK

1-2-3 Step fwd. on L, Drag R towards L Hitch R knee

4-5-6 Step back on R, Cross L over R, Step back on R 3:00

S8: 1/4 L, SIDE DRAG, 1/4 FWD, 1/2 BACK, 1/2 FWD, 1/2 BACK SWEEP TO START AGAIN

1-2-3 Turning 1/4 L Step L to L side dragging R towards L over 2 Counts 12:00

4-5-6 1/4 R Step R fwd. 1/2 R Step L back, 1/2 R Step R fwd. 3:00

NOTE: Continue ANOTHER 1/2 R Stepping back on L Sweeping R around for Count 1 (YOU WILL NOW BE FACING THE 3:00 WALL TO START DANCE AGAIN)

FOR EXAMPLE, AFTER THE FIRST WALL, THIS WILL BE THE FIRST 6 COUNTS.

1-2-3 1/2 R Step L back Sweeping R around for 2 Counts

4-5-6 Cross R behind L, Step L to L side, Step R to R side

[48] Counts Begin Dance Again Facing 3:00

NOTE: Each wall begins with a 1/2 R Step L back Sweeping R around, except for the starting wall. The last 3 counts of the dance should blend into the first 3 counts perfectly. Think of It as a Roll Turn

NOTE: On the last wall there are no lyrics only music. Dance this wall all the way through and you will end on

count one facing 12:00

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