

Franti-c

COPPER KNOB
BY SHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Aurora de Jong (USA) - March 2018
音乐: Say Hey - Michael Franti & Spearhead



Dance begins after 24 counts, right after artist says "worldwide."

****2 Restarts: After 28 counts of Wall 7 (music will fade and there's a silent pause at this point)
After 16 counts of Wall 8**

RIGHT AND LEFT SIDE ROCK, RECOVER, CROSS, HOLD; WEAVE RIGHT; RIGHT SIDE MAMBO

1-2 Rock R to right (1), recover to L (&), cross R in front of L (2), hold (&)
3-4 Rock L to left (3), recover to R (&), cross L in front of R (4), hold (&)
5-6& Step R to right (5), step L behind R (&), step R to right (6), cross L in front of R (&)
7-8 Rock R to right (7), recover to L (&), replace R next to L (8)

1 ¼ TURN LEFT WITH LEFT SHUFFLE; ROCKING CHAIR; LEFT SHUFFLE BACK

1-4 Step L a quarter turn left to 9:00 (1), step R back turning ½ to the left to 3:00 (2), turn ½ left
with a left shuffle to 9:00: Left (3), right (&), left (4)
5-6 Rock forward on R (5), recover on L (&), step back on R (6)
7-8 Left shuffle back: Left (7), right (&), left (8)

RIGHT AND LEFT HIP BUMPS BACK; RIGHT SIDE MAMBO; LEFT SIDE MAMBO WITH ¼ TURN RIGHT

1-2 Step back on R and hip bump right (1), hip bump left (&), hip bump right (2)
3-4 Step back on L and hip bump left (3), hip bump right (&), hip bump left (4)
5-6 Rock R to right (5), recover to L (&), replace R next to L (6)
7-8 Rock L to left while turning ¼ to the right to 12:00 (7), recover to R (&), replace L next to R (8)

RIGHT AND LEFT HIP BUMPS FORWARD; RIGHT SIDE MAMBO; LEFT SIDE MAMBO WITH ¼ TURN RIGHT

1-2 Step forward on R and hip bump right (1), hip bump left (&), hip bump right (2)
3-4 Step forward on L and hip bump left (3), hip bump right (&), hip bump left (4)
5-6 Rock R to right (5), recover to L (&), replace R next to L (6)
7-8 Rock L to left while turning ¼ to the right to 3:00 (7), recover to R (&), replace L next to R (8)

Repeat and enjoy! (But don't forget the restarts at walls 7 and 8!)

Contact: aurora.dejong@gmail.com