

Wind You Up

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Dalton Randolph - March 2018
音乐: That's My Kind of Night - Luke Bryan



#16 Count Intro

[1-8] L Lock Step, R foot cross over Left, Unwind $\frac{3}{4}$ Turn Left, L Sailor Step

1, 2, 3, 4 Step forward L, Lock R, Step forward L, Cross R over L foot
5, 6, 7&8 Unwind Left, circle L behind, R together, L forward

[9-16] R Anchor Step, L back, R Coaster Step, Heel Switches L/R, L Hitch and slap, L step down

1&2, 3, 4&5 Step forward R, Lock L, Weight change R, Step back L, Step back R, Step together L, Step forward R,
6&7&8& Touch L heel forward, step L back, touch R heel forward, step R back, L hitch and slap thigh, step L down

[17-24] R step $\frac{1}{4}$ turn to Left, Drag L, Syncopated L Cross Rock/Recover x2, L $\frac{1}{4}$ turn Left, R $\frac{1}{2}$ turn Left, L $\frac{1}{2}$ turn shuffle Left

1, 2, 3&4& Step R down and $\frac{1}{4}$ turn L, Drag L foot touch, L Cross Rock/Recover, L Cross Rock/Recover
5, 6, 7&8 L $\frac{1}{4}$ turn to Left, R step forward $\frac{1}{2}$ turn to Left, L shuffle $\frac{1}{2}$ turn to Left

[25-32] Half R jazz box, shuffle R, L hitch $\frac{1}{2}$ turn R, L shuffle, R Sailor $\frac{1}{4}$ turn Right

1, 2, 3&4& Cross R over L, Step L back, shuffle R, L hitch $\frac{1}{2}$ turn Right
5&6, 7&8 Left shuffle, Sweep R behind L $\frac{1}{4}$ turn R, Step L together, Step R forward

[33-40] L Scissor step, R $\frac{3}{4}$ turn Left, Weight change L, R sweep, R Cross shuffle, L hip and hip, R hitch $\frac{1}{4}$ turn Right

1&2, 3&4 Step L out, Step R together, Cross L over R, Step R out $\frac{3}{4}$ turn Left, Change weight to Left, Sweep R over L
5&6, 7&8& R Cross shuffle, Step L out and hip Left, Recover center, L hip Left, R hitch $\frac{1}{4}$ turn Right

[41-48] Walk R, Walk L, R Chase Turn over Left, L hip push, R hip push, Weight change R

1, 2, 3&4 Step forward R, Step forward L, Step forward R, Pivot half over Left, Step forward R
5, 6, &7, 8& Step L slightly forward and make half circle Left with L hip, Step L together, Step R slightly forward and make half circle Right with R hip, Step R together

TAG: ***Both Tags are the same steps*** 12-count, Walls 3 and 6

[1-8] Half L jazz box, R heel jack, Half L jazz box, R heel jack, Step L slightly forward of R, Hip Swivel L

1, 2, &3& Step L over R, Step R back, Step L to the side, touch R heel forward, Step R together
4, 5, &6& Step L over R, Step R back, Step L to the side, touch R heel forward, Step R together
7, 8& Step L slightly forward, Swivel hip L

[9-12] Step L $\frac{1}{4}$ turn Right, Raise arms up, Weight change R

1 Step down L $\frac{1}{4}$ turn R
2, 3, 4 Arms raising up
& Weight change R

Restart on Wall 7 after 32 counts

Comments: The dance ends on count 28 (shuffle R before L hitch $\frac{1}{2}$ turn R). Dancers may step L $\frac{1}{2}$ pivot and sit on their L hip and pose to front wall.

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