

Lessons In Love

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Mercè ORRIOLS (ES) - June 2017
音乐: HeartBreak School - James Bonamy : (CD: What I Live To Do - 1996)



Intro: 16 counts

RIGHT HEEL, RIGHT HEEL BALL CROSS, SIDE, LEFT HEEL, LEFT HEEL BALL CROSS, SIDE

1-2 Touch right heel forward twice
&3-4 Step ball of right slightly back, cross left over, step right side
5-6 Touch left heel forward twice
&7-8 Step ball of left slightly back, cross right over, step left side

HEEL SWITCHES (R&L), ROCK RIGHT FWD, SHUFFLE RIGHT BACK, ½ TURN LEFT & STEP LEFT, STOMP RIGHT

9&10& Touch right heel forward, step right together, touch left heel forward, step left together
11-12 Rock right forward, recover to left
13&14 Step right back, step left close to right, step right back
15-16 Turn ½ left and step left forward, stomp right together (6:00)

ROCK SIDE, CROSS, LEFT POINT, KICK, LEFT COASTER STEP, ROCK RIGHT FORWARD

17&18 Rock right side, recover to left, cross right over
19-20 Turn ¼ left and touch left toe close to right, kick left forward
21&22 Step left back, step right together, step left forward
23-24 Rock right forward, recover to left

SHUFFLE ½ TURN RIGHT, STEP ½ TURN RIGHT, ¼ TURN RIGHT & CHASSÉ LEFT, ROCK LEFT BACK

25&26 Shuffle ½ turn right (R-L-R)
27-28 Step left forward, turn ½ right (weight to right)
29&30 Turn ¼ right and step left side, step right together, step left side
31-32 Rock right back, recover to left

* Restart here on walls 3, 5 & 6

RIGHT KICK BALL CROSS, SIDE, TOUCH, LEFT KICK BALL CROSS, SIDE, TOUCH

33&34 Kick right forward, step right slightly back, cross left over
35-36 Step right side, touch left together
37&38 Kick left forward, step left slightly back, cross right over
39-40 Step left side, touch right together

OUT, OUT,HOLD, IN, IN, HOLD, SYNCOPATE FORWARD, BACK WITH ¼ TURN LEFT, STOMP RIGHT AND LEFT

&41-42 Step right side, step left side (feet apart), hold
&43-44 Step right on place, step left together, hold
&45&46 Step right forward & step left together, turn ¼ left and step right back & step left together
47-48 Stomp right forward, stomp left together

Sequence: 48-48-32-48-32-32-48-39

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