

Let's Groove

COPPER KNOB
BYEFOOTSTEPS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Anne Herd (AUS) - March 2018
音乐: Let's Groove - Earth, Wind & Fire : (CD: The Definitive 80's - iTunes - 4:01)



Intro: Start on main lyrics 32 beats in weight on L - No Restarts/Tags - Rotates 1/4 CCW

STEP TOUCH STEP TOUCH

1-2-3-4 Step fwd. on the R 45, Touch L beside R, Step fwd. on the L 45, Touch R beside L
5-6-7-8 Repeat the above four counts

(Styling: Click fingers on counts 2-4-6-8)

ROCKING CHAIR, 2 X 1/4 PADDLE TURNS

1-2-3-4 Rock fwd. on R recover to L, Rock back on R, and recover to L
5-6-7-8 Step fwd. on R, Turn 1/4 L replacing weight onto L, Step fwd. on R, Turn 1/4 L replacing weight onto L

LEFT AND RIGHT FRONT SIDE BEHIND, POINT

1-2-3-4 Cross R over L, Step L to side, Cross R behind L, Point L to side
5-6-7-8 Cross L over R, Step R to side, Cross L behind R, Point R to side

CROSS POINT, CROSS POINT, 1/4 JAZZ BOX

1-2-3-4 Cross R over L, Point L to side, Cross L over R, Point R to side
5-6-7-8 Cross R over L, Turn 1/4 R, Step back on L, Step R to side, and Step L fwd.

(NOTE: For new beginners omit the 1/4 jazz box and add another rocking chair which will keep the dance to two walls)

[32]

NOTE: Add a little funk to this dance by dipping your knees on the first 8 counts. Even with the short version the music is a little long so I fade it out around 3:15

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