Chase You Down

级数: Beginner +

编舞者: Angéline Fourmage (FR) - March 2018

音乐: Chase You Down - RUNAGROUND

拍数: 32

[1-8] Chassé R, Chassé L ¼, Rock Back, Triple step R

- 1&2 RF to the R side, LF next to RF, RF to the R side
- 3&4 Make ¼ R with chassé L (LF to the L side with ¼, RF next to LF, LF to the L side)
- 5-6 RF back, recover toLF
- 7&8 RF FW, LF next to RF, RF FW

[9-16] Rock forward, Triple step L, Triple step 1/2 R, Rock forward

- LF FW, recover to RF 1-2
- 3&4 LF back, RF next to LF, LF back
- 5&6 RF to the R side with ¼ R, LF next to RF, RF FW with ¼ R
- 7-8 LF FW, recover to RF

[17-24] Rock back, kick ball crossx2, scissor step

- 1-2 LF back, recover to RF
- 3&4 Kick LF to the L diagonal, LF next to RF, cross RF over LF
- 5&6 Kick LF to the L diagonal, LF next to RF, cross RF over LF
- LF to the L side, RF next to LF, cross LF over RF 7&8

[25-32] Heel grind, Rock back, Heel grind, Rock back

- R heel FW, recover to LF 1-2
- 3-4 RF back, recover to LF
- 5-6 R heel FW, recover to LF
- 7-8 RF back, recover to LF

TAG: 32 c (Walls : 4, 5, 7, 10)

[1-8] Walk, Hold, Walk, Hold, Step turn 1/2 L

- 1-2 RF FW, Hold
- 3-4 LF FW, Hold
- 5-6 RF FW, Hold
- 7-8 Turn 1/2 L (Your weight is on the L)

[9-16] Walk, Hold, Walk, Hold, Step turn 1/4 L

- 1-2 RF FW, Hold
- 3-4 LF FW, Hold
- 5-6 RF FW, Hold
- (For Tag 4 « Final » : Make 1-8 and Walk RF FW, Hold, LF FW, Hold, RF FW, Hold, Touch LF next to RF) Turn 1/4 L (Your weight is on the L) 7-8
- **Restart Wall 7**

[17-24] Heel, Hook, Heel, Flick, Step, Together, Step, Hold

- Touch R Heel FW, Hook over RF 1-2
- 3-4 Touch R heel FW, Flick RF to the R side
- 5-6 RF FW, LF next to RF
- 7-8 RF FW, Hold

[25-32] Walk, Hold, Walk, Hold, Step turn 1/4 L





墙数:4

- 1-2 Touch L Heel FW, Hook over LF
- 3-4 Touch L heel FW, Flick LF to the L side
- 5-6 LF Back, RF next to LF
- 7-8 LF Back, Hold (or you can make drag RF)

Smile and enjoy the dance

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Last Update – 7th March 2018