

# Chase You Down

拍数: 32      墙数: 4      级数: Beginner +  
编舞者: Angéline Fourmage (FR) - March 2018  
音乐: Chase You Down - RUNAGROUND



Start : 32 count Tag : 4 (32 count)

## [1-8] Chassé R, Chassé L ¼, Rock Back, Triple step R

1&2      RF to the R side, LF next to RF, RF to the R side  
3&4      Make ¼ R with chassé L (LF to the L side with ¼, RF next to LF, LF to the L side)  
5-6      RF back, recover to LF  
7&8      RF FW, LF next to RF, RF FW

## [9-16] Rock forward, Triple step L, Triple step ½ R, Rock forward

1-2      LF FW, recover to RF  
3&4      LF back, RF next to LF, LF back  
5&6      RF to the R side with ¼ R, LF next to RF, RF FW with ¼ R  
7-8      LF FW, recover to RF

## [17-24] Rock back, kick ball crossx2, scissor step

1-2      LF back, recover to RF  
3&4      Kick LF to the L diagonal, LF next to RF, cross RF over LF  
5&6      Kick LF to the L diagonal, LF next to RF, cross RF over LF  
7&8      LF to the L side, RF next to LF, cross LF over RF

## [25-32] Heel grind, Rock back, Heel grind, Rock back

1-2      R heel FW, recover to LF  
3-4      RF back, recover to LF  
5-6      R heel FW, recover to LF  
7-8      RF back, recover to LF

## TAG: 32 c (Walls : 4, 5, 7, 10)

### [1-8] Walk, Hold, Walk, Hold, Step turn ½ L

1-2      RF FW, Hold  
3-4      LF FW, Hold  
5-6      RF FW, Hold  
7-8      Turn ½ L (Your weight is on the L)

### [9-16] Walk, Hold, Walk, Hold, Step turn 1/4 L

1-2      RF FW, Hold  
3-4      LF FW, Hold  
5-6      RF FW, Hold

(For Tag 4 « Final » : Make 1-8 and Walk RF FW, Hold, LF FW, Hold, RF FW, Hold, Touch LF next to RF)

7-8      Turn 1/4 L (Your weight is on the L)

## Restart Wall 7

### [17-24] Heel, Hook, Heel, Flick, Step, Together, Step, Hold

1-2      Touch R Heel FW, Hook over RF  
3-4      Touch R heel FW, Flick RF to the R side  
5-6      RF FW, LF next to RF  
7-8      RF FW, Hold

### [25-32] Walk, Hold, Walk, Hold, Step turn 1/4 L

- 1-2 Touch L Heel FW, Hook over LF
- 3-4 Touch L heel FW, Flick LF to the L side
- 5-6 LF Back, RF next to LF
- 7-8 LF Back, Hold (or you can make drag RF)

**Smile and enjoy the dance**

**Contact : [maellynedance@gmail.com](mailto:maellynedance@gmail.com)**

**Last Update – 7th March 2018**

---