

Lonely Heart

COPPER KNOB
BY STEPHEN T. C.

拍数: 24 墙数: 4 级数: Ultra Beginner
编舞者: Ayu Asha (INA) - March 2018
音乐: Norah Jones - "Are You Lonesome Tonight"



(*** Start after lyrics 24 Count)

SECTION I : BASIC WALTZ FORWARD AND BACKWARD

1-2-3 Step R forward (1), Step L close to R (2), Step R in place (3)
4-5-6 Step L backward (4), Step R close to L (5), Step L in place (6)

SECTION II : TWINKLE RIGHT AND LEFT

1-2-3 Step R cross over L (1), Step L to L side (2), Step R slightly to R side (3)
4-5-6 Step L cross over R (4), Step R to R side (5), Step L slightly to L side (6)

SECTION III : FORWARD, SIDE TOUCH (HOLD)

1-2-3 Step R Cross forward (1), L side touch (2-3)
4-5-6 Step L Cross backward (4), R side touch (5-6)

SECTION IV : JAZZ BOX ¼ TURN R, CROSS FORWARD, SWAY

1-2-3 Step R cross over L (1), Step L back (2), Step R to R making ¼ Turn R (3) 3:00
4-5-6 Step L forward (4), Step R to side R and make Sway R (5) and L (6) 3:00

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