Back Road Body



编舞者: Wendy McLean (CAN) - March 2018 音乐: Body Like a Back Road - Sam Hunt



Restart after 16 counts of wall 5

Bump R-L-R, Bump L-R-L, Rock, Recover, Triple ½

1&2 Bump hips right, left, right3&4 Bump hips left, right, left

5 6 Rock forward on right foot, Recover to left foot

7&8 Triple ½ right (right, left, right)

Turn 1/4 Right Rock Side, Recover, Behind, Side Cross, Sway, Sway, Behind 1/4, Step

Turn ¼ turn right rocking left foot side, Recover to right foot 3&4

Step behind with left, Step right side, Cross left over right 5 6

Step right foot side and sway right & then left (with weight)

7&8 Step behind with right, Turn ½ left stepping forward on left, Step forward on right

Restart here on wall 5 (starts @ 12 o'clock, Restart @ 6 o'clock)

Shuffle, Rock, Recover, Shuffle Back, Toe Back, ½ Turn Right

1&2 Shuffle forward (left, right, left)

3 4 Rock forward on right foot, Recover weight to left foot

5&6 Shuffle back (right, left, right)

7 8 Touch left toe back, Turn ½ turn left (weight to right)

Step Hold, Pivot ¼, Cross Shuffle, ¼, ¼

1 2 Step forward on right, Hold

3 4 Step forward on left, Turn ¼ right (weight to right)

5&6 Cross left over right, Step right foot side, Cross left over right

7 8 Turning ¼ left step back on right foot, Turning ¼ left step side on left