

Ya No

拍数: 64 墙数: 4 级数: Improver
编舞者: Michael O'Shea (IRE) - March 2018
音乐: Sofia - Álvaro Soler : (Album: Eterno Agosto or Single)



#16 count Intro.

S1: Step right, left, shuffle fwd right, cross, back, side, touch

1-2 walk fwd right, left
3&4 shuffle fwd right, left right
5-6 cross left over right, step back right
7-8 step left to left side, touch right beside left

S2: Side rock sailor step & side rock sailor step

1-2 rock right to right side, replace weight to left
3&4 rock right behind left, step left to left side, step right to right side (sailor step)
&5-6 close left to right(&), rock right to right side, replace weight to left
7&8 rock right behind left, step left to left side, step right to right side (sailor step)

S3: Cross 1/4, 1/4 step, bump L, R, L, rock step

1-2 cross left over right, step right back 1/4 turn left
3-4 step left 1/4 turn left, step fwd right
5&6 touching left fwd bump hips left, right left
7-8 rock fwd right, replace weight to left

S4: Back right, left, shuffle back, back left, right, coaster step

1-2 step back right, step back left
3&4 shuffle back right, left, right
5-6 step back left, step back right
7&8 step back left, close right to left, step fwd left

S5: Walk right, left, right, side rock, left, right, left side rock

1-2 step fwd right, step fwd left
3&4 step fwd right, rock left to left side, replace weight to right
5-6 step fwd left, step fwd right
7&8 step fwd left, rock right to right side, replace weight to left

S6: Step 1/4, hitch, step 1/4, hitch, fwd rock, back rock

1-2 step fwd right, turning 1/4 turn left hitch left
3-4 step left 1/4 turn left, hitch right foot
5-6 rock fwd right, replace weight to left
7-8 rock back right, replace weight to left

S7: Cross, side, behind sweep, behind turn 1/4, shuffle left

1-2 cross right over left, step left to left side
3-4 step right behind left, sweep left behind right
5-6 step onto left, step right 1/4 turn right
7&8 shuffle fwd left, right, left

S8: Jazzbox X2

1-2 cross right over left, step back left
3-4 step right to right side, step slightly fwd left

5-6 cross right over left, step back left
7-8 step right to right side, step slightly fwd left

Begin Again & have fun with it!

Tag 1 (Small tag): At the end of wall 1(3:00) & wall 3(9:00) (Side walls)

Hip bumps

1-4 bump hips right, left, right, left

Tag 2 (Big Tag): At the end of wall 2 (6:00) & wall 5 (3:00) (Back wall, Side wall)

Grapevines, hip bumps

1-4 grapevine right

5-8 hip bumps left, right, left, right

1-4 grapevine left

5-8 hip bumps right. Left, right, left

Ending: 1/4 turn the last 2 jazzbox to the home wall & pose for a perfect finish.

Released at Dance Crazy's 'Spring Break' Event.

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