

Don't Stop

COPPER KNOB
STEPSHEETS

拍数: 96 墙数: 1 级数: Phrased Intermediate
编舞者: Wendy Lin (TW) - March 2018
音乐: Don't Stop (不要停) - Fei Er (菲兒)



Intro: 4*8. A:4*8. B:4*8. C:4*8. Tag1:4 Count. Tag:12 Count.
Intro/A /A/Tag1/B/B/Tag2/C/C/Tag2/A/A/Tag1/B/B/B/B/Tag2/C/C/Tag2

Intro (32 counts)

1-2 Diag R Kick LF Out & RL Out
3&4 R Coaster On RLR
5-6 Diag L Kick RF Out & LF Out
7&8 ¼ L Turn L Sailor On LRL (9.00)

Note: Repeat the above steps with 7&8 ¼ L Sailor Turn.

7&8 ¼ L Sailor On LRL (6.00)
7&8 ¼ L Sailor On LRL (3.00)
7&8 ¼ L Sailor On LRL (12.00)

Part A (32 counts)

A1. Vine R Touch Beside – Side Touch Behind 2X

1-4 Side Step RF, Step LF Behind RF, Side Step RF, Touch LF Beside
5-8 Side Step LF, Touch RF Behind LF, Side Step RF, Touch LF Behind RF

A2. A Mirror Steps Of Sec.A1

1-4 Side Step LF, Step RF Behind LF, Side Step LF, Touch RF Beside
5-8 Side Step RF, Touch LF Behind RF, Side Step LF, Touch RF Behind LF

A3. Fwd Walk & Kick – Back Walk & Touch Beside

1-4 Fwd Walk On RLR & Kick LF Fwd
5-8 Back Walk On LRL & Touch RF Beside

A4. Fwd Rock Recover ½ R Turn Shuffle – Fwd Rock Recover ½ L Turn Shuffle

1-2 Fwd Rock RF, Recover Weight On LF
3&4 ½ R Turn Shuffle On RLR (6.00)
5-6 Fwd Rock LF, Recover Weight On RF
7&8 ½ L Turn Shuffle On LRL (12.00)

Part B (32C)

B1. Rock Behind R Chasse – Rock Behind L Chasse

1-2 Rock RF Behind LF, Recover Weight On LF
3&4 R Triple(Chasse) On RLR
5-6 Rock LF Behind RF, Recover Weight On RF 7&8 L Tripple(Chasse) On LRL

B2. Fwd ½ L Pivot Turn Fwd Shuffle – Fwd ½L Pivot Turn Fwd Shuffle

1-2 Fwd Step RF, ½ L Pivot Turn Recover Weight On LF (6.00)
3&4 Fwd Shuffle On RLR
5-6 Fwd Step LF, ½ R Pivot Turn Recover Weight On RF (12.00)
7&8 Fwd Shuffle On LRL

B3 .Point R/L Side Hold – Side R/L Toe Touches Hold

1-2 Side Point R Toe To R, Hold (2)
&3-4 Close On RF, Side Point L Toe To L, Hold (4)
&5&6 Close On LF, Side Point R Toe To R, Close On RF, Side Point L Toe To L

&7-8 Close On LF, Side Point R Toe To R, Hold (8)

B4. Cross R/L Over Side Point – Cross R/L Behind Side Point

1-4 Cross RF Over LF, Point LF To L Side, Cross LF Over RF, Point RF To R Side

5-8 Cross RF Behind LF, Point LF To L Side, Cross LF Behind RF, Point RF To R Side

Part C (32counts)

C1. Fwd Kick, ¼ L Back Rock, Back Touch – 2X

1-2 Fwd Step RF, Fwd Kick LF

3-4 ¼ L Turn Back Rock LF, Back Touch RF (9.00)

5-6 Fwd Step RF, Fwd Kick LF

7-8 ¼ L Turn Back Rock LF, Back Touch RF (6.00)

C2. JazzBox ¼ R Turn – 2X

1-4 Cross RF Over LF, ¼R Turn Back Step LF, Side Step RF, Fwd Step LF (9.00)

5-8 Cross RF Over LF, ¼R Turn Back Step LF, Side Step RF, Fwd Step LF (12.00)

C3. Hip Bump, ½ L Hip Bump , Fwd Rock Recover – R Coaster

1&2 Touch R Toe, Hip Bump

3&4 1/2 L, Touch LF, Hip Bump (6:00)

5-6 Fwd Rock RF, Recover Weight On LF

7&8 Back Step RF, Tog Step LF, Fwd Step RF

C4. A Mirror Steps Of Sec.C3.

1&2 Touch L Toe, Hip Bump

3&4 1/2 L, Touch R Toe, Hip Bump (12:00)

5-6 Fwd Rock LF, Recover Weight On RF

7&8 Back Step LF, Tog Step RF, Fwd Step LF

Tag#1 (4 counts): 12.00

1-4 Stomp In Place On RLRL

Tag#2 (12 counts):12.00

1-4 Fwd Rock RF, Recover Weight On LF, Back RF, Together

5-8 R Swivel Both Heels – Toes – Heels – Hold(Clap)

9-12 L Swivel Both Heels – Toes – Heels – Hold(Clap)

Happy Dancing

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