

TipToe

COPPERKNOB
BY STEPHEN

拍数: 64 墙数: 2 级数: Advanced
编舞者: Fred Whitehouse (IRE) - January 2018
音乐: Tip Toe (feat. French Montana) - Jason Derulo : (Single)



Intro – 8 Counts (5 seconds from start of track)

Sequence – A, A*, B, A, B, A, Tag, A, A*, B, A

Section A: 32 counts

A[1-8] Out, Out, In, In, Touch x2, Step, Touch, Step, Behind Side Cross & Cross x2, step

1&2& Step R heel out, step L heel out, Step RF in, close LF next to R
3&4& Touch RF to R side, touch RF next to L, step RF to R side, touch LF next to R
5,6&7 Step LF to L side, step RF behind L, step LF to L side, cross RF over L
&8& Step LF to L side, cross RF over L, step LF to L side

A[9-16] Cross, ¼ turn Step forward, 3/8 Diamond, Mambo x2, Cross, Side, Kick, Step

1,2&3 Cross RF over L (look back over R shoulder) ¼ turn L stepping LF forward, step RF to R side, 1/8 turn L stepping LF back diagonal
4&5& Step RF back, 1/8 turn L stepping LF to L side, 1/8 turn L rock RF over L, recover on to LF (4.30)
6&7& Rock RF back diagonal, (facing 4.30) recover on to LF, step RF forward, 1/8 turn R stepping LF to L side (square up to 6.00)
8& Kick RF to R diagonal, step RF to R side (facing 6.00)

Restart here count 16 during wall 2, instead of kick, close RF next to L to start B

Restart/tag count 16 during wall 9, close RF next to L, add 4 count jazz box LF over R ready to start section B

A[17-24] Cross, Hold, Step, Close, Knee pops x2, Full Volta Turn L,

1,2&3 Cross LF over R, hold, step RF to R side, close LF next to R
&4,5& Pop R knee, pop L knee, 1/4 turn L stepping LF forward, close RF behind L
6&7&8 1/4 turn L stepping LF forward, close RF behind L, 1/4 turn L stepping LF forward, close RF behind L, 1/4 turn L stepping LF forward (6.00)

A[25-32] Step Sweep, Step, Touch & Flick, Weave, Sweep, Weave, Mambo close

1,2&3 Step RF forward sweeping LF from back to front, step LF forward, touch RF to R side, flick R heel up (style: twist body slightly L to make the flick bigger)
4&5,6 Cross RF over L, step LF to L side, step RF behind L sweeping LF from front to back, step LF behind R
&7&8 Step RF to R side, rock LF forward, recover on to RF, close LF next to R (Style: add a little shimmy as you close LF next to R)

Section B: 32 counts

B[1-8] Step Touch x2, Step together x2 (mini tip toe run), Sweep, ½ Diamond

1&2& Step RF forward diagonal, touch LF next to R, step LF to L diagonal, touch RF next to L,
3&4& ¼ turn R stepping RF forward, close LF next to R, ¼ turn R stepping RF, close LF next to R
5,6 Step RF forward sweeping LF from back to front, cross LF over R, "Arm option" Raise arms above head making a ballerina pose as you dance counts 3&4& (Option 2 : instead of counts 3&4& - Make 8 baby steps on tip toes making ½ turn R ending on LF step on to RF sweeping LF from back to front, cross LF over R)
&7 1/8 turn L stepping RF back diagonal, 1/8 turn L stepping LF to L side
&8 Step RF behind L, ¼ turn L stepping LF forward

B[9-16] Step Touch x2, Step together x2 (mini tip toe run), Sweep, ½ Diamond

1&2& Step RF forward diagonal, touch LF next to R, step LF to L diagonal, touch RF next to L,

3&4&5,6 ¼ turn R stepping RF forward, close LF next to R, ¼ turn R stepping RF, close LF next to R
Step RF forward sweeping LF from back to front, cross LF over R (Option 2 : During counts
3&4&5,6 make 8 baby steps on tip toes making ½ turn R ending on LF step on to RF
sweeping LF from back to front, cross LF over R)
&7 1/8 turn L stepping RF back diagonal, 1/8 turn L stepping LF to L side
8& Step RF behind L, ¼ turn L stepping LF forward

B[17-24] Mambo, Step, Back, Close, L Shuffle Forward, ½ Turn L, Close, Finger Snap x2, Run x2

1&2&3 Rock RF forward, recover on to L, step RF back, step back LF, step RF next to L
4&5&6 Step LF forward, close RF next to L, step LF forward, ½ turn L stepping RF back, close LF
next to R
&7,8& Click R finger to R side, click L finger to L side, run forward R,L

B[25-32] Up, Up, Down, Down, x2, ½ Jazz box (Shimmy)

1&2& Step RF forward on tip toe, step LF forward on tip toe, step RF forward, (no tip toe) step LF
forward, (no tip toe)
3&4& Step RF forward on tip toe, step LF forward on tip toe, step RF forward, (no tip toe) step LF
forward, (no tip toe)
5,6,7,8 Step RF over L, step LF back, ¼ turn R stepping RF to R side, ¼ turn R stepping LF forward
(shimmy during jazz box)

TAG: 16 counts

[1-8] Heel & Hip twist x 4, Walk forward x4 (Shake Booty)

&1&2 Step RF to R side, twist L heel out, step L heel down, twist R heel out
&3&4 Step R heel down, twist L heel out, step L heel down, twist R heel out
&5,6 Step R heel down, step LF forward, step RF forward
7,8 Step LF forward, step RF forward (when you walk forward x4, shake booty)

[9-16] Cross, Back, Side x3, Step Shimmy x2

1&2& Cross LF over R, step RF back diagonal, step LF to L side, cross RF over L
3&4& Step LF back diagonal, step RF to R side, cross LF over R, step RF back diagonal
5,6 Step LF to L side shimmy shoulders, close RF next to L
7,8 Step RF to R side shimmy shoulders, close LF next to R

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