

The Jig

拍数: 32 墙数: 2 级数: High Beginner
编舞者: Micaela Svensson Erlandsson (SWE) - February 2018
音乐: Swallow Tail Jig by The Irish Folk



Best Of The West Line Dance Weekend 2018

intro 16 counts

Section 1: Right Heel x 2. Left Heel x 2. Brush Forward. Brush Back (across left). Brush Forward. Brush Back.

1-2 & Touch right heel forward. Touch right heel forward. Step right in place.
3-4& Touch left heel forward. Touch left heel forward. Step left in place.
5-6 Brush right foot forward. Brush right foot back across left foot.
7-8 & Brush right foot forward. Brush right foot back. Step down on ball of right foot.

Section 2: Left Heel x 2. Right Heel x 2. Brush Forward. Brush Back (across right). Brush Forward. Brush Back.

1-2& Touch left heel forward. Touch left heel forward. Step left in place.
3-4& Touch right heel forward. Touch right heel forward. Step right in place.
5-6 Brush left foot forward. Brush left foot back across right foot.
7-8& Brush left foot forward. Brush left foot back. Step down on ball of left.

Section 3: Heel . Toes. ¼ Turn left. Toes. Heel. Forward Shuffle x 2

1&2 Touch right heel forward. Step right in place. Touch left toes back.
& Turn ¼ Stepping down on left foot.
3&4& Touch right toes back. Step right in place. Touch left heel forward. Step left in place.
5&6 Step forward on right. Close left beside right. Step forward on right.
7&8 Step forward on left. Close right beside left. Step forward on left.

Easy Option: Replace The foot works (counts 1-4& of Section 3) with Step. 1/8 Turn left x2

Section 4: Right Chasse ¼ Turn left. Left Chasse. Forward Shuffle x 2.

1&2 Step right to right side. Close left beside right Step right to right side turning ¼ left.
3&4 Step left to left side. Close right beside left. Step left to left side.
5&6 Step forward on right. Close left beside right. Step forward on right.
7&8 Step forward on left. Close right beside left. Step forward on left.

Note: This dance is choreographed as High Beginner/ Easy Improver