

Loveaholic

拍数: 16 墙数: 4 级数: Easy Intermediate
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音乐: Loveaholic - Ruth Lorenzo : (Album: Loveaholic - 3:14)



Tag: Easy tag after 4th and 9th repetition

Note 1: Start with the first bass beat after 4 counts of introduction. The singer says: "I'm so uninspired". Count 1 coincide with the PI syllable of this first sentence.

Note 2: The song may be counted as a 6/8 time signature with 48 counts phrase, but I use one count for each triplet, so where it says 1,&,a can be counted as a fast waltz 1,2,3.

5,&,a,6,&,a = 1,2,3,4,5,6

[1-8] Step forward & sweep, step forward, side, together, step forward & sweep, step forward, side, ½ pivot turn, ball step, ¼ turn

1 Step LF forward and sweep RF from back to forward
a,2 Step RF forward, step on ball of LF to left
a,3 Step on ball of RF beside LF, step LF forward and sweep RF from back to forward
a,4 Step RF forward, step LF to left
5,6 Step RF forward, ½ turn left and step on LF
a,7,8 Step on ball of RF forward, step LF forward, ¼ turn right and step on RF

[9-16] Cross rock, recover, ball cross, side, lock, fishbone steps, step forward, rock backward and turn head

1,2 Cross rock LF over RF, recover on RF backward
a,3 Step on ball of LF to left, cross RF over LF
a,4 Step on ball of LF to left, lock RF behind LF
5,&,a Step LF forward to left diagonal, lock RF behind LF, step LF forward to left diagonal
6,&,a Step RF forward to right diagonal, lock LF behind RF, step RF forward to right diagonal
7 Step LF forward
8,a Rock RF backward and turn head to the right to look behind, turn head to look front

Start again

Tag: Add a rock step forward at the end of the 4th and the 9th repetition

1,2 Rock LF forward, recover on RF backward

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