

Women N Men (P)

拍数: 32 墙数: 0 级数: Intermediate pattern partner circle
编舞者: Barb Monroe (USA) & Dave Monroe (USA) - February 2018
音乐: Woman, Amen - Dierks Bentley



**Start: Facing LOD with single inside hand hold. Opposite feet throughout.
Man's steps described with Lady's steps noted where different**

Walk, Walk, Walk, Touch, Rock, Recover, Shuffle forward

1-4 Walk forward R L R, Touch L toe behind R
5-6 Rock back L, Push forward stepping R
(On count 5 raise R foot slightly and recover on R with weight on count 6)
7&8 Shuffle forward L R L

Man: Rock, Recover, ½ turn shuffle, Rock, Recover, Shuffle back

Lady: Rock, Recover, Shuffle back, Rock, Recover, ½ turn shuffle

1-2 Man: Rock forward R, Recover L
3&4 Shuffle ½ turn R stepping R L R (facing RLOD)
1-2 Lady: Rock forward L, Recover R
3&4 Shuffle back L R L (facing LOD) (Change hands on the shuffle to man's L holding lady's L)
5-6 Man: Rock forward L, Recover R
7&8 Shuffle back L R L (facing RLOD)
5-6 Lady: Rock back R, Recover L
7&8 Shuffle ½ turn L stepping R L R (facing RLOD)
(Change hands on the shuffle to man's L holding lady's R)

Rock side, Recover, ¾ turn shuffle changing side, Rock, Recover, ¼ turn shuffle changing side

1-2 Rock side R, Recover L
3&4 Turn ¾ turn L stepping R L R (changing sides, man passing behind the lady)
(man facing ILOD and lady facing OLOD with man's L and lady's R hands connected)
5-6 Rock back L, Recover R
7&8 Shuffle ¼ turn R stepping L R L (changing sides, man passing behind the lady)
(both facing LOD with inside hands connected)

Man: Shuffle, Shuffle, ½ turn shuffle, ½ turn shuffle

Lady: Shuffle, ½ turn shuffle, ½ turn shuffle, Shuffle

1&2 Shuffle forward R L R
3&4 Man: Shuffle forward L R L [Lady: Shuffle ½ turn L stepping R L R]
5&6 Man: Shuffle ½ turn L stepping R L R [Lady: Shuffle ½ turn L stepping L R L]
7&8 Man: Shuffle ½ turn L stepping L R L [Lady: Shuffle forward R L R]
(drop hands on 3&4 and reconnect inside hands on 7&8)

Begin Again

Last Update - 9th March 2018