# American Muscle



编舞者: A.A.J.D (UK) - February 2018 音乐: American Muscle - Canaan Smith



# Start on lyrics

# S1: Step, Kick, Back, Touch, Forward Shuffle, Step Pivot 1/2

Step forward right, kick left forward.
 Step back left, touch right next to left.

5 & 6 Step forward right, step left next to right, step forward right.

7, 8 Step forward left, pivot ½ right.

# S2: Forward Shuffle, Step Pivot ½, Step Pivot ¼, Stomp, Clap

1 & 2 Step forward left, step right next to left, step forward left.

3, 4 Step forward right, pivot ½ left.
5, 6 Step forward right, pivot ¼ left.
7, 8 Stomp right next to left, clap.

\*Restart - Wall 4 & 8\*

### S3: Right Side Shuffle, Rock Back, Recover, Left Side Shuffle, Rock Back, Recover

1 & 2 Step right to right side, step left next to right, step right to right side.

3, 4 Rock back left, recover onto right.

5 & 6 Step left to left side, step right next to left, step left to left side.

7, 8 Rock back right, recover onto left.

#### S4: K Step

1, 2	Step forward right to right diagonal, touch left next to right.
3, 4	Step back left to left diagonal, touch right next to left.
5, 6	Step back right to right diagonal, touch left next to right.
7, 8	Step forward left to left diagonal, touch right next to left.

#### \*Restart - Wall 4 & 8 after count 16

### A.A.J.DLINEDANCINGCLUB@outlook.com