

We Are One

COPPER **KNOB**
BY STEPHEN

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Raymond Robinson (INA) - September 2017
音乐: Together We Are One - Delta Goodrem



Intro : 8 counts - *2 RESTARTS

[1 – 8] : LOUNGE FWD, RECOVER, ½ TURN R, FWD SWEEP, CROSS, SIDE, BEHIND SWEEP, BEHIND, SIDE, CROSS, SIDE, BEHIND, SIDE

1 – 3 Lounge Fwd with RF – recover on LF – ½ turn R, step fwd sweep L from back to front (6.00)
4 & 5 Cross L over R – step R to R side – cross L behind R sweeping R from front to back
6 & 7 Cross R behind L – step L to L side – cross R over L
& 8 & Step L to L side – cross R behind L – step L to L side

[9 – 16] : CROSS , RECOVER SWEEP ¼ TURN R, BACK, RECOVER, FWD, CROSS POINT, TURN WITH HOOK, FWD

1 – 2 Cross R over L – recover onto L, make ¼ turn R, sweeping R from front to back
3 & 4 Rock R back – recover onto L – step R fwd
5 – 6 Cross L over R – point RF to R side
7 – 8 5/8 turn right, at the same time hook R knee up – step R fwd (10.30)

[17 – 24]: FWD, TURN ½ ½ , FWD, RECOVER, TOGETHER, FWD, BACK, BACK, TOUCH BACK, TURN ½

1 Step L fwd (10.30)
2 & 3 ½ turn L step back on R – ½ turn L step L fwd – step R fwd (10.30)
4 & 5 Recover on L – step R next to L – step L fwd
6 & 7 Step R back – step L back – touch R back
8 Turn ½ R , weight on L (4.30)

[25-32] : CROSS, SCISSOR STEP, TURN ¼ , BACK, TURN ½ , FWD, TURN ¼ , RECOVER, RECOVER, FWD, SPIRAL

1 Turn 1/8 R, cross R over L
2 & 3 Step L to L side – step R next to L – cross L over R
4 & 5 Turn ¼ L, step R back – turn ½ L, step L fwd – turn ¼ L, step R to R side with sway
6 & 7 Recover onto L – recover on R – step L fwd
8 Spiral

***RESTARTS:-**

On Wall 3 after count 24 (6.00)

On Wall 7 after count 16 : (count 8&) : Step R fwd – turn 1/8 R step L fwd (12.00)

ENJOY THE DANCE.

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