

Sense & Sensuality

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate / Advanced
编舞者: Ria Vos (NL) - February 2018
音乐: For You (Fifty Shades Freed) - Liam Payne & Rita Ora : (Album: Fifty Shades Freed, OST)



Intro: 32 Counts (± 16 sec)

S1: Side, Behind-Side-Cross, ¼ L, Shuffle ½ Turn L, Step Pivot ¼ L, Cross

1-2& Step R to R Side, Step L Behind R, Step R to R Side
3-4 Cross L Over R, ¼ Turn L Step Back on R (9:00)
5&6 Shuffle ½ Turn L Stepping L-R-L (3:00)
7&8 Step Fwd on R, Pivot ¼ Turn L, Cross R Over L (12:00)

S2: Side, Behind-Side-Cross, ¼ R, Shuffle ½ R, Pivot ½ R, Step Fwd

1-2& Step L to L Side, Step R Behind L, Step L to L Side
3-4 Cross R Over L, ¼ Turn R Step Back on L (3:00)
5&6 Shuffle ½ Turn R Stepping R-L-R (9:00)
7&8 Step Fwd on L, Pivot ½ Turn R, Step Fwd on L (3:00)

S3: Step Full Spiral Turn L, & Fwd, Step Pivot ¼ L, Crossing Samba R & L

1-2 Step Fwd on R, Full Spiral Turn L on R Foot
&3-4 Step Fwd on L, Step Fwd on R, Pivot ¼ Turn L (12:00)
5&6 Cross R Over L, Rock L to L Side, Recover on R
7&8 Cross L Over R, Rock R to R Side, Recover on L

S4: Cross, Sweep, Cross, Back, ½ L, ½ L Sweep, Behind-Side-Cross

1-2& Cross R Over L, Sweep L from Back to Front, Cross L Over R
3-4 Step Back on R, ½ Turn L Step Fwd on L (6:00)
5-6 ½ Turn L Step Back on R, Sweep L Around (12:00)
&7-8 Step L Behind R, Step R to R Side, Cross L Over R

S5: Side Rock, & Side, Together, Side Rock, & Point, ¾ Turn R Figure 4

1-2& Rock R to R Side, Recover on L, Step R Next to L
3-4 Step L to L Side, Step R Next to L
5-6& Rock L to L Side, Recover on R, Step L Next to R
7-8 Point R to R Side, Turn ¾ Turn R on L Foot with R Foot Crossed in Figure 4 (9:00)

S6: Step-Ball-Step-Ball-Step (with ½ Arch Turn R), Fwd, R Step Fwd Turn ¾ L, Chasse L, Cross Press

1& Small Step Fwd on R, Step on Ball of L Next to R,
2&3 Small Step Fwd on R, Step on Ball of L Next to R, Small Step Fwd on R

Note: On Count 1&2&3 Turn ½ Turn R in a Semi Circle (3:00)

4 Step Fwd on L
5& Step Fwd on R, Spiral Turn ¾ Turn L on R Foot (5& are like one fluent move) (6:00)
6&7 Step L to L Side, Step R Next to L, Step L to L Side
8 Cross Press R Over L (dip)

S7: Recover with Sweep, Sailor ½ Turn R, Point L, Full Turn L, Cross Press

1 Recover on L Start Sweeping R into a ½ Turn R
2&3 Finish ½ Turn R Stepping R Behind L, Step L to L Side, Cross R Over L (12:00)
4 Point L to L Side
5-6 ¼ Turn L Step Fwd on L, ½ Turn L Step Back on R

7-8 ¼ Turn L Step L to L Side, Cross Press R Over L (dip) (12:00)

S8: Recover with Sweep, Sailor ½ Turn R, Point L, Full Turn L, Touch

1 Recover on L Start Sweeping R into a ½ Turn R

2&3 Finish ½ Turn R Stepping R Behind L, Step L to L Side, Cross R Over L (6:00)

4 Point L to L Side

5-6 ¼ Turn L Step Fwd on L, ½ Turn L Step Back on R

7-8 ¼ Turn L Step L to L Side, Touch R Next to L (6:00)

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