

Hillbilly Nation

COPPER KNOB
STEPSHEETS

拍数: 96 墙数: 1 级数: Phrased Advanced ECS
编舞者: Lilian Lo (HK) - February 2018
音乐: Hillbilly Nation - Cowboy Crush : (Single)



Introduction: 16 counts (0.09 mins.)

A – 32, B – 64, Tag – 32 :: Phrasing: ABA ABA Tag ABA

Part A

A(1 – 8) Heel, close, heel, close, scuff, hook, kick, flick, step back, forward, lock, hitch

1&2& R heel dig forward (1), RF close next to LF (&), L heel dig forward (2), LF close (&)
3 4 RF scuff forward (3), R leg hook across L (4)
5&6 RF kick forward (5), RF flick back (&), RF step back (6)
7 8 LF step forward with body roll (7), RF close behind LF while hitching LF (8) @12:00

A(9 – 16) Shuffle, 7/8 R, hitch, feet apart, ¾ L, hitch, ¼ L chasse

1&2 LF step forward (1), RF cross behind LF (&), LF step forward (2)
3a4 5 6 7/8 turn R while hitching RF to face 10:30 (3), RF and LF apart (4), hold (5), ¾ turn L while hitching RF (6) @ 1:30
7&8 1/8 turn L in the 3 steps of RF stepping to side, LF closing and RF stepping to side (7&8) @ 12:00

A(17 – 24) Kick x 3, out-out

1 2 3 4 LF cross kick (1), LF to side (2), RF cross kick (3), RF to side (4)
5&6 7 8 LF cross kick (5), LF step to side (&), RF step to side, slap thighs with hands (6), hold (7,8) @12:00

A(25 – 32) Small steps forward, small steps backward, press L-R-L-R on spot

1a&a2 Keep feet apart, run small steps forward L-R-L-R-L
3a&a4 Run small steps backward R-L-R-L-R
Option: run 7 small steps on count 1-2, and 3-4
5 6 7 8 Press ball of LF to L diagonal on spot and lift L heel (5), drop L heel, press ball of RF to R diagonal on spot and lift R heel (6), repeat action of count 6 on opposite side (7), repeat action of count 7 on opposite side (8) @ 12:00

Part B

B(1 – 8) Sailor step x 2, full turn R, kick x 2, sailor step

1&2 RF cross behind (1), LF take small side step (&), RF step diagonally R forward (2)
3&4 LF cross behind (3), RF take small side step (&), LF step diagonally L forward (4)
5 6 Full turn R on LF while kicking RF 2 times (5,6)
Option: ½ turn R, step RF forward (5), ½ turn, close LF next to RF (6)
7&8 RF cross behind (7), LF take small side step (&), RF step slightly diagonal R forward (8) @12:00

B(9 – 16) Kick x 2, tap behind, ¾ L, step, ¼ L, big side step, cross behind, hitch, slap

1 2 3 4 LF kick forward (1), LF kick to side (2), LF tap behind R (3), ¾ turn L (4)
&5 6 LF small step forward (&), ¼ turn L, RF big step to side (5), hold (6),
7 8 LF cross behind RF (7), hitch R leg across, slap R thigh with R hand (8) @ 12:00

B(17 – 24) Heel jack x 2, side step x 2, heel swivel

&1&2 RF step to side (&), L heel dig on L diagonal (1), LF cross behind (&), RF cross (2)
&3&4 LF step to side (&), R heel dig on R diagonal (3), RF cross behind (&), LF cross (4)
5 6 Press ball of RF to R diagonal on spot (5), drop R heel, press ball of LF to L diagonal on spot (6)

7&8 Hold (7), swivel both heels to L (&), replace (8) @12:00

Styling hat work: hold the right side rim of an invisible cowboy hat with thumb and index fingers (6), hold (7,) slide fingers across to L side (&), slide fingers back to R side (8)

B(25 – 32) Full turn, shuffle, step, walk around L-R-L-R, shaking jazz hands

1 2 LF step forward (1), ½ turn L stepping RF backward (2)

3&4a ½ turn L stepping LF forward (3), RF cross behind (&), LF step forward (4), RF cross behind (a)

5 6 7 8 Walk around L-R-L-R in a big anti-clockwise ¾ circle with hands spread apart on both side and shaking (5,6,7,8), @12:00

B(33 – 64) Repeat Part B count 1 – 32 in reverse

Tag

T(1– 8) Apple jacks R&L

1&2& Violin playing with both arms in these 8 counts. Swivel R toes to R side & L heel to R side (1), replace to center (&), swivel L toes to L side & R heel to L side (2), replace to center (&)

3&4& Repeat

5&6& Repeat

7&8& Repeat @12:00

Option: Violin playing with both arms. Step RF to side (1), tap LF next to RF (&) Step LF to side (2), tap RF next to LF (&), repeat for the rest of the 8 counts

T(9 – 16) Chasse R, ¼ L, chasse L, ¼ L, chasse R, ½ R, shuffle forward

1&2 RF step to side (1), LF close next to LF (&), RF step to side (2) @12:00

3&4 ¼ turn L, LF step to side (3), RF close next to LF (&), LF step to side (4) @9:00

5&6 ¼ turn L, RF step to side (5), LF close next to RF (&), RF step to side (6) @6:00

7&8& ½ turn L, LF step forward (7), RF close next to LF (&), LF step to side (8) @12:00

T(17 – 24) Apple jacks R&L

1&2& Piano playing with both hands in these 8 counts. Swivel R toes to R side & L heel to R side (1) Replace to center (&), swivel L toes to L side & R heel to L side (2), replace to center (&)

3&4& Repeat

5&6& Repeat

7&8& Repeat @12:00

Option: Piano playing with both hands. Step RF to side (1), tap LF next to RF (&) Step LF to side (2), tap RF next to LF (&), repeat for the rest of the 8 counts

T(25 – 32) Repeat count 9 – 16

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