

Leave A Light On

COPPER KNOB
BY STEPHENETS

拍数: 48 墙数: 2 级数: Advanced
编舞者: Guillaume Richard (FR) - January 2018
音乐: Leave a Light On - Tom Walker



Intro: No intro, start when he starts singing

Phrased: A – A* - B – B* – A – A* - B – B* – A – B (A* and B*, explanations at the end)

PART A: 32 counts

[1 – 8] Step 1/8 turn – Walk x2 – Rock Step – Walk Back x2 & Kick – Walk Back x2 – Rock Step – Step

1 – 2 & Step L to L and make 1/8 turn R (1), Step R fwd (2), Step L fwd (&) 1:30

3 – 4 & Step R fwd (3), Recover on L (4), Step back R (&) 1:30

5 – 6 & Step back left and raise on your toes (5), Step back R (6), Step back L (&) 1:30

Arms movement on count 5 : making a ¾ circle counterclockwise with R arm from hips to shoulders level

7 – 8 & Step back R (7), Recover on L (8), Step R fwd (&) 1:30

Arms movement : Archery movement with Bow in L hand and Arrows in R hand (7), Slide R hand against L arm (8), Let arms going down

[9 – 16] 3/8 turn Step - Mambo 1/4 turn Step - Step 1/2 turn Step - Side Rock - Mambo Back

1 - 2 & Make 3/8 turn L stepping L to L (1), Cross R over L (2), Recover on L (&) 9:00

3 - 4 & Make 1/4 turn R stepping R fwd (3), Step L fwd (4), Make 1/2 turn R with weight on R (&) 6:00

5 - 6 Step L to L (5), Recover on R (6) 6:00

Arms movement : Raise you L hand up handpalm inside (5), Bring down L hand in a fist (6)

7 - 8 & Recover on L (7), Cross R behind L (8), Recover on L (&) 6:00

Arms movement : Reach L arm to L handpalm open (7), Let arm going down

[17 – 24] 1/8 turn Step & Sweep - Step - Touch - 1/4 turn Step x2 - Step Lock - Repeat these step with Weave at the end

1 – 2 & Make 1/8 turn R stepping R fwd and sweep L from back to front (1), Step L fwd (2), Touch R behind L (&) 7:30

3 & 4 & Make 1/4 turn L stepping back R (3), Make 1/4 turn L stepping L fwd (&), Step R fwd (4), Cross L behind R (&) 1:30

5 – 6 & Step R fwd and sweep L from back to front (5), Step L fwd (6), Touch R behind L (&) 1:30

7 & 8 & Make 1/4 turn L stepping back R (7), Make 1/4 turn L stepping L fwd (&), Make 1/8 turn L stepping R to R (8), Cross L behind R (&) 6:00

[25 – 32] 1/4 turn Step - Sweep - Touch - Step Lock Step - 1/4 turn Step - Step 1/2 turn Step - Together

1 - 2 - 3 Make 1/4 turn R stepping R fwd (1), Make 1/2 turn R with sweep L from back to front (2), Touch L toes fwd (keep weight on R) (3) 3:00

4 & 5 Step L fwd (4), Cross R behind L (&), Step L fwd (5) 3:00

6 - 7 Make 1/4 turn L stepping R fwd (6) 12:00

7 & 8 & Step L fwd (7), Mzke 1/2 turn R weight on R (&), Step L fwd (8), Step R next to L (&) 6:00

PART B : 16 counts

[1 – 8] Dorothy Step - Step - Coaster Step - 1/4 turn Side Rock - Ball Step - Hitch - Step - Tic Tac Turn

1 a - 2 & Step R diagonally fwd (1), Cross L behind R (a), Step R diagonally fwd (2), Step L to L (&) 12:00

3 a - 4 & Step back R and drag L heel next to R, push your R hand fwd handpalm open (3), Step L next to R, keep R hand stretched fwd (a), Step R fwd, stretch L hand fwd next to R (4), Make 1/4 turn L weight on L, cross your L arm in front of R hands in a fist in front of your chest (&) 9:00

- 5 a - 6 & Recover on R, uncross both hands and start a full circle from bottom to top (5), Step L on ball next to R, keep doing the circle with both hands (a), Step R fwd, finish the circle with arms in cross position (6), Hitch L knee, R handpalm open next to chest and L arm down (&) 9:00
- 7 a - 8 & Step L fwd, push and stretch R handpalm open fwd (7), Make 1/4 turn R turning R heel in, keep R arm stretched (a), Make 1/4 turn R turning L heel out, keep R arm stretched (8), Recover on L, let your arm going down (&) 3:00

[9-16] 1/4 turn Weave with - 1/8 Step - Pirouette - Ball Step - Hitch - 1/8 turn Press - Step Drag - Heel Grind with 1/4 turn - Ball Step - Touch

- 1 a - 2 & Make 1/4 turn L stepping L to L (1), Cross R behind L (a), Step L to L, shoulders open L diagonal (2), Make 1/8 turn stepping R fwd (&) 4:30
- 3 a - 4 & Make a full turn L pirouette on R feet, hitch L knee and L feet next to R leg (3), Step on L ball next to R (a), Step R fwd (4), Hitch L knee (&) 4:30

Option with no Pirouette: Make a hitch L knee

- 5 a - 6 Make 1/8 turn L touching L toes to L and press, stretch R arm in a fist to L over your chest (5), Recover on R, keep same arm movement (a), Big step L to L and drag R next to L, snap fingers and make a 3/4 circle from top to bottom and let your R arm going down (6) 12:00
- 7 a - 8 & a Make 1/4 turn R turning on R heel (7), Step back L (a), Step R next to L (8), Step L fwd (&), Touch R next to L (a) 12:00

A* : Do only the 1st 16 counts of the dance and Start again with Part B facing 12:00 everytime 12:00

B* : At the end of part B*, change the very last count «a» with Step R next to L to restart Part A with weight on the good foot facing 12:00 everytime 12:00

Ending : At the end of the last Part B, after 7 a -8 &a, adding one more Step R fwd and point your index finger up and heads up looking upward

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