

50 Shades In Heaven

COPPER **KNOB**
BY STEPHENETS

拍数: 58 墙数: 2 级数: Low Advanced
编舞者: Roy Verdonk (NL) & Val O'Connor (UK) - February 2018
音乐: Heaven - Julia Michaels : (50 Shades Freed Soundtrack - 3:07)



Intro: 14 Counts

S1: SIDE BEHIND AND CROSS SWEEP, CROSS SIDE ¼ LOCK STEP, STEP, ROCK FORWARD, ¼ L

1-2&a3 Side R, cross L behind, (&) R to R side, (a) cross L over R, sweep R from back to front
4&a5 Cross R over L, (&) side L, (a) ¼ L lock R behind L, step forward L (sweep R) (9)
6-7-8& Step forward R (sweep L), rock forward L, recover back on R, (&) ¼ L step L to L side (6)

S2: R CROSS ROCK & CROSS , ¼ L, ¼ L SIDE ROCK, RECOVER ¼ R

1-2&3 Cross rock R over L, recover back on L, (&) R to R side, cross L over R
4-5-6 ¼ L step back on R, ¼ L rock I to L side, ¼ R recover forward on R (3)

S3: CROSS L ¼ L. ¼ L, ¼ R, FULL TURN, DIAGONAL STEP HITCH, ROCK BACK, CROSS BACK TURN

1&2 Cross L over R, (&) ¼ L step back R, ¼ L step L to L side (9)
3&4 ¼ R step forward R, (&) ½ R step back L, ½ R step forward R (12)
5-6-7 1/8 R step forward L (hitch R at same time), rock back R, recover forward on L (Diagonal)
8&1 Cross R over L, (&) step back L, ½ R step forward R

S4: TOUCH AND STEP, L FORWARD ROCK , STEP FORWARD L

2&3 Touch L next to R, (&) step down on L, step forward R (Diagonal)
4-5-6 Rock forward L, recover back on R, step forward L

S5: SKATE R L, CROSS ¼ ¼ CROSS, REPEAT,

1-2 Skate R, skate L 1/8 L (facing back wall)
3&a4 Cross R over L, (&) ¼ R back on L, (a) ¼ R step R to R side, cross L over R (Facing R diagonal)
5-6 Skate R, skate L 1/8 L (facing front wall)
7&a8 Cross R over L, (&) ¼ R back on L (a) ¼ R step R to R side, cross L over R (6)

S6: SIDE STEPS WITH TOUCHES, SYNCOPATED SAILOR STEPS, ROCK BACK

1-2-3-4 Step R to R side, touch L to L side (click fingers), repeat to Left side
5&a6&a Cross R behind L, (&) L to L side, (a) R to R side, cross L behind R, (&) R to R side, (a) L to L side
7-8 1/8 R rock back on R, recover forward on L (Facing R diagonal)

S7: REPEAT SECTION 5

1-2 Skate R, skate L 1/8 L (facing back wall)
3&a4 Cross R over L, (&) ¼ R back on L, (a) ¼ R step R to R side, cross L over R (Facing R diagonal)
5-6 Skate R, skate L 1/8 L (facing front wall)
7&a8 Cross R over L, (&) ¼ R back on L (a) ¼ R step R to R side, cross L over R (6)

S8: SIDE ROCK, CROSS ¼ ROCK BACK, 1&1/4 TURN

1-2-3& R side rock, recover on L, cross R over L, (&) ¼ R step back on L (9)
4-5-6& R rock back, recover forward on L, ½ L step back R, (&) ½ L step forward L
Turn ¼ L to start the dance again on count 1 (Side R) facing the back wall

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