

Find Your Feet

拍数: 32 墙数: 4 级数: Absolute Beginner
编舞者: Hayley Wheatley (UK) - January 2018
音乐: Anywhere - Rita Ora : (iTunes, amazon)



Count In: 48 Counts (Start On Heavy Beat)

S1: SIDE STEP, CLOSE, SIDE SHUFFLE, SIDE STEP, CLOSE, SIDE SHUFFLE

1-2 Step RF to R side, Close LF beside RF 12:00
3&4 Step RF to R side, Close LF beside RF, Step RF to R side 12:00
5-6 Step LF to L side, Close RF beside LF 12:00
7&8 Step LF to L side, Close RF beside LF, Step LF to L side 12:00

S2: ROCKING CHAIR, PIVOT 1/8 TURN X2

1-2 Rock fwd on RF, Recover onto LF 12:00
3-4 Rock back on RF, Recover onto LF 12:00
5-6 Step fwd on RF, Pivot 1/8 turn L 10:30
7-8 Step fwd on RF, Pivot 1/8 turn L 9:00

S3: STEP FWD, SIDE POINT, STEP FWD, SIDE POINT, HEEL SWITCHES WITH CLICK

1-2 Step fwd on RF, point L toe to L side 9:00
3-4 Step fwd on LF, point R toe to R side 9:00
5&6& Tap R heel fwd, Replace RF, Tap L heel fwd, Replace LF 9:00
7-8 Tap R heel fwd, Bring arms up and out to click fingers in air 9:00

S4: DIAGONAL STEPS BACK WITH TOUCHES AND CLAPS

1-2 Step diagonally back R, Touch L toe beside R and clap hands 9:00
3&4 Step back diagonally L, Touch R toe beside L and clap hands twice 9:00
5-6 Step diagonally back R, Touch L toe beside R and clap hands 9:00
7&8 Step back diagonally L, Touch R toe beside L and clap hands twice 9:00
