

Who Needs Mexico?

拍数: 64 墙数: 4 级数: Improver
编舞者: Kath McManamon - February 2018
音乐: Who Needs Mexico - Mason James : (Album: Forever My Girl - Soundtrack - iTunes - 3:43)



INTRO: 16 COUNTS

Sec 1: CROSS ROCK/REPLACE, SIDE SHUFFLE, CROSS ROCK/REPLACE, SIDE SHUFFLE

1-2 Cross Rock R over L, Replace weight on L
3&4 Step R to R side, Step L together, Step R to R side
5-6 Cross Rock L over R, Replace weight on R
7&8 Step L to L side, Step R together, Step L to L side 12:00

Sec 2: SLOW MAMBO FWD, SLOW MAMBO BACK

1-4 Rock R fwd, Replace weight on L, Step R slightly back, Hold for Count 4
5-8 Rock L back, Replace weight on R, Step L slightly fwd, Hold for Count 8 12:00

Sec 3: ROCK FWD, 1/2 R SHUFFLE FWD, ROCK FWD, 1/2 SHUFFLE FWD

1-2 Rock R fwd, Replace weight on L
3&4 1/2 R Step R fwd, Step L together, Step R fwd 6:00
5-6 Rock L fwd, Replace weight on R
7&8 1/2 L Step L fwd, Step R together, Step L fwd 12:00

Sec 4: 1/8 L PADDLE, 1/8 L PADDLE, CROSS POINT, BACK POINT*

1-4 Step R fwd, 1/8 L Paddle weight on L, Step R fwd, 1/8 L Paddle weight on L 9:00
5-8 Step R fwd slightly across L, Point L to L side, Step L back, Point R to R side

Sec 5: STEP LOCK, STEP LOCK SHUFFLE, STEP LOCK, STEP LOCK SHUFFLE

1-2 Step R fwd, Lock L behind R
3&4 Step R fwd, Lock L behind R, Step R fwd
5-6 Step L fwd, Lock R behind L
7&8 Step L fwd, Lock R behind L, Step L fwd

Sec 6: 4x BACK/DIAGONAL DRAGS

1-2 Step R back at 45 degrees R whilst Dragging L towards R for 2 Counts (No weight change)
3-4 Step L back at 45 degrees L whilst Dragging R towards L for 2 Counts (No weight change)
5-8 Repeat the above 4 Counts

Sec 7: VINE R, VINE L

1-4 Step R to R side, Step L behind R, Step R to R side, Touch L next to R
5-8 Step L to L side, Step R behind L, Step L to L side, Touch R next to L

Sec 8: R STOMP SIDE, HOLD, L STOMP SIDE, HOLD, 4 HIPS BUMPS R,L,R,L

1-2 Stomp R to R side, Hold for Count 2
3-4 Stomp L to L side, Hold for Count 4 (Feet are now apart)
5-8 Bumps Hips R, L, R, L (Ending with weight fully on L) 9:00

[64] Begin New Wall Starting 9:00

Restart: Walls 3 (3:00) & 6 (6:00) on Count 32* - Restart the dance from beginning

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