

Music For the Road

COPPERKNOB
BY SHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Lene Mainz Pedersen (DK) - February 2018
音乐: Music For the Road - Albin Fredy : (iTunes)



Intro – start on Lyrics (10 sec.)

CROSS, SIDE, HEEL JACK, CROSS, SIDE, HEEL JACK

1 – 2 Cross R in front of L, Step L to L side
3 & 4 & Step R behind L, Step L to L side, R Heel to R diagonal, Step R beside L
5 - 6 Cross L in front of R, Step R to R side
7 & 8 & Step L behind R, Step R to R side, L Heel to L diagonal, Step L beside R

CROSS, TURN ¼ X2 R, TOUCH, SIDE TOUCH L, KICK BALL CROSS

1 - 4 Cross R in front of L, Turn ¼ R stepping back on L, Turn ¼ R stepping R to R side, Touch L beside R (6:00)
5 - 6 Step L to L side, Touch R beside L
7 & 8 Kick R to R diagonal, Step R beside L, Cross L in front of R

SIDE, TOGETHER, RUMBA FWD, SIDE, TOGETHER, RUMBA FWD

1 - 2 Step R to R side, Step L beside R
3 & 4 Step R to R side, Step L beside R, Step R fwd
5 - 6 Step L to L side, Step R beside L
7 & 8 Step L to L side, Step R beside L, Step L fwd

STEP FWD, TOUCH, CHASSE ¼ R, CROSS, BACK, COASTER

1 & 2 Step R fwd, Touch L behind R, Step back on L
3 & 4 Step ¼ R stepping R to R side, Step L beside R, Step R to R side (9:00)
5 - 6 Cross L in front of R, Step R back
7 & 8 Step back on L, Step R beside L, Step L fwd

REPEAT

TAG 1: After wall 1 (9:00) & 3 (3:00) - FIGURE 8, ROCKING CHAIR

1 – 4 Step R to R side, Step L behind R, Turn ¼ R stepping R fwd, Step L fwd
5 – 8 Turn ½ R recover on R, Turn ¼ R stepping L to L side, Step R behind L, Step L to L side
9 – 12 Rock R fwd, Recover on L, Rock R back, Recover on L

TAG 2: After wall 2 (6:00) - FIGURE 8

1 – 4 Step R to R side, Step L behind R, Turn ¼ R stepping R fwd, Step L fwd
5 – 8 Turn ½ R recover on R, Turn ¼ R stepping L to L side, Step R behind L, Step L to L side

TAG 3: After wall 4 (12:00) - ROCKING CHAIR

1 – 4 Rock R fwd, Recover on L, Rock R back, Recover on L

ENDING – Ends after Coaster (9:00) Simply turn ¼ R to face (12:00)

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