

Put It On For Me Baby Please

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Beginner
编舞者: Val Saari (CAN) - February 2018
音乐: Put It on for Me (feat. Nina Nesbitt) - Don Diablo : (iTunes)



S1: SIDE TOGETHER TO THE RIGHT, TOUCH, SIDE TOGETHER TO THE LEFT, TOUCH

1-4 Step RF right, Step LF together, Step RF right, Step LF together
5-8 Step LF left, Step RF together, Step LF left, Step RF together

S2: 4 SIDE TOUCHES (R,L,R,L)

1-4 Step RF to right/Touch LF beside Right, Step LF to left, Touch RF beside LF
5-8 Step RF to right/Touch LF beside Right, Step LF to left, Touch RF beside LF

S3: LINDY RIGHT, LINDY LEFT

1&2 Shuffle right, RLR
3-4 Rock back on LF, Recover on RF
5&6 Shuffle left, LRL
7-8 Rock back on RF, Recover on LF

S4: LINDY RIGHT, LINDY LEFT

1&2 Shuffle right, RLR
3-4 Rock back on LF, Recover on RF
5&6 Shuffle left, LRL
7-8 Rock back on RF, Recover on LF

S5: RF ROCK, RECOVER, COASTER STEP/ LF ROCK, RECOVER, COASTER STEP

1-2 Rock RF forward, Recover LF
3&4 Step RF back, Close LF beside right, Step RF in place (weight on RF)
5-6 Rock LF forward, Recover RF
7&8 Step LF back, Close RF beside left, Step LF in place (weight on LF)

S6: RF KICK-BALL CHANGES X 2, RF STEP-PIVOTS 1/4 L X 2

1&2 Kick RF forward, Step RF together, Step LF together and hold
3&4 Kick RF forward, Step RF together, Step LF together and hold
5-6 Step RF forward, Pivot 1/4 turn
7-8 Step RF forward, Pivot 1/4 turn

REPEAT

Suggestions: During the intro try finger snaps on the off beat,, (2,4,6,8)

Also during S:1 and S:2 both arms coordinate swings with the same direction as the feet with finger snaps on the off beats (2,4,6,8)
